



# YOU TIME

MAKE TIME FOR YOU

**YOU TIME** is an ongoing project that is split into quarterly programmes of events and activities designed with you in mind. **YOU TIME** is free for all high-life 'all inclusive members'. Try something new, meet new people and have lots of fun.

## Portree Community Library

For more information on the topics below please contact Portree Community Library on 01478 614823

**Art Classes**— Using different materials each week, Natalie's classes will give you a great opportunity to see— and draw— your environment in a new light.

**Bookbinding**— whether you are new to Laura West's classes or have taken one or two before there is always something new to learn. Each session covers a new topic.

**Digital Time**— A series of sessions giving a relaxed introduction to iPads, Tablets and Social Media

For booking information, please call the Fingal Centre on 01478 614819  
or Portree Community Library on 01478 614823

Fingal Centre, Portree High School, Viewfield Road, Portree, IV51 9ET



# 2016 April—June YOU TIME MAKE TIME FOR YOU

**Improve your health, keep your mind active AND have a good time!**  
**Leasaich do shlàinte, cùm d' inntinn beothail AGUS gabh tlachd às!**

Leisure centres, libraries and archives offer a  
programme of physical and social activities  
and events designed with you in mind.

[highlifehighland.com/youtime](http://highlifehighland.com/youtime)

To book, contact the Fingal Centre, Portree High School, on Tel 01478 614819





April—June 2016



**Active Classes-weekly classes starting on the dates below**

Individually bookable activities at a cost of £5.50, £2.75 (60yrs+), £0.50 budget High Life card holders or FREE for High Life Highland All Inclusive members

Aquacise	Weekly sessions	Thursday	14:30-15:30	Fingal Centre Pool
Pilates	Weekly sessions	Friday	17:15-18:15	Fingal Centre Venue

**Active Classes**

**Aquacise** - keep fit class in the pool...fabulous fun!

**Pilates** - incredibly popular class aimed at improving balance, flexibility and core strength.

**Portree Community Library Activities**

Individually bookable activities at a cost of £5.50, £2.75 (60yrs+), £0.50 budget High Life card holders or FREE for High Life Highland All Inclusive members. Classes can be booked separately or as a block.

<b>Bookbinding with Laura West</b>				
Mini Address Books	13.04.16	Wednesday	1400-1530	Library
‘Vintage’ Hardcover Notebooks	11.05.16			
‘Pretty’ Policeman’s Notebooks	08.06.16			
Materials provided.				
<b>Art Classes with Natalie Cloughley-MacLeod</b>				
Introduction to Watercolour	27.04.16	Wednesday	1100-1300	Library
Introduction to Acrylic	04.05.16			
Introduction to Oil	11.05.16			
Materials provided.				
<b>Digital Time</b>				
iPad for Beginners	20.04.16	Wednesday	1400-1530	Library
iPad for Beginners	27.04.16			
iPad for Beginners	04.05.16			
Facebook for Beginners	18.05.16			
Twitter for Beginners	25.05.16			
Pinterest for Beginners	01.06.16			
<b>Using Your iPad</b>				
Free e-Magazines & e-Newspapers	15.06.16			
Learning a Language Online	22.06.16			
Learning a Language Online	29.06.16			