

YOUTIME
MAKE TIME FOR YOU

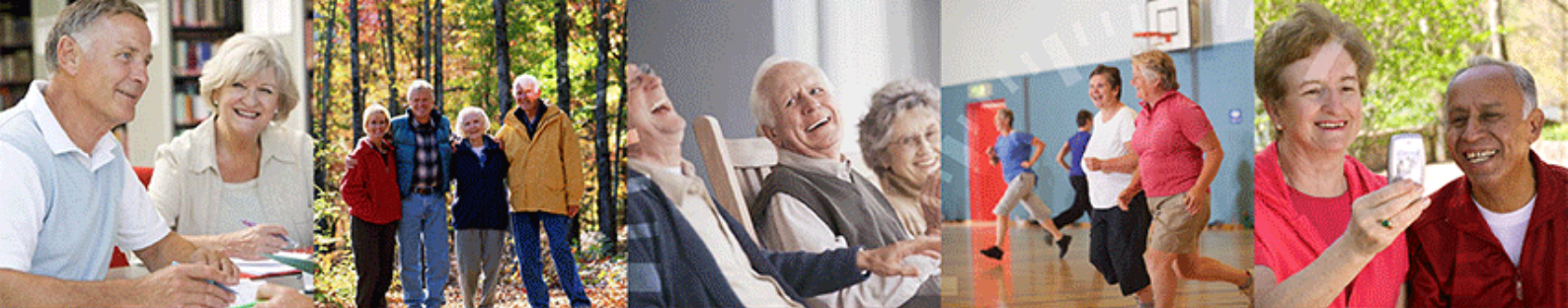
FORT WILLIAM LIBRARY YOU TIME PROGRAMME

FEBRUARY – MARCH 2018

You Time is a programme of events and activities taking place in a number of High Life Highland sites. The programme provides lots of interesting opportunities to improve your health, keep your mind active and have a good time.

Activity	Date	Time
Book Folding Basics: Valentine's special	Wednesday 14 th February	10:30am – 12:00 noon
Crochet for beginners	Monday 26 th February & Monday 12 th March	2:00pm – 3:30pm
Knitting for beginners	Tuesday 6 th March & Tuesday 20 th March	2:30pm - 4:00pm

*Make some **You Time***



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Book Folding Basics: An introduction to the craft of book folding using a basic heart pattern to celebrate Valentine's Day. Materials provided.

Crochet / Knitting for beginners: Don't get tied up in knots! If you're a newbie to knitting / crochet join us for a fun, informal introduction to the craft. These sessions will cover all the basics and everything you need to get started, whether you've never picked up needles before or just need a refresher. Materials provided.

Prices (per session)

Adult	Over 60	Budget High Life Highland Member	All Inclusive High Life Highland Member
£5.80	£2.90	50p	Free

**To book please contact Lochaber Leisure Centre,
Belford Road, Fort William
Tel: 01397 704359**