



# Youth Work in the Kingussie area

April to December 2019

## Young People Involved, Being Heard and Achieving



Pàrlamaid Òigridh na Gàidhealtachd – The Highland Youth Parliament Conference - took place on 24-25 June 2019 in the UHI Inverness Campus. HYP includes young people from all 29 Highland Secondary Schools and Local Youth Forums. The HYP conference is a young person-led event at which approx. 80 young people from across the Highlands met with Service Directors, Lead Officers and Elected Members from The Highland Council, High Life Highland and partner agencies, in order to influence decision making that impacts Highland's young people.

### Sessions

The event was themed around young people's 'Right to Freedom of Expression' with sessions of importance to young people in Highland including peer support for young people's mental health, climate change, an Education Q&A with The Highland Council's Head of



Education, Highland Children and Young People Forum's Inspire Group, the 'Grow2gether' teenage pregnancy project, the new Highland Youth Work Strategy (co-produced with young people), NHS Highland, Waverley Care and HLH C-Card scheme update and local workshops.

Delegates from Argyll and Bute and Western Isles Councils also attended in order to learn more about HYP and the role of the Highland Youth Convener. The Northern Alliance (NA) Youth Conference, involving 70 young people from across all 8 local authorities which make up the NA took place alongside the Highland Youth Parliament conference.

### Issues

Issues highlighted by young people were Climate Change, Mental Health, Additional Support Needs, Youth Services Promotion in Schools, School subjects, languages, PSE improvements, LGBTI, Rurality and Cuts. View the event report at: <https://www.highlifehighland.com/youth/highland-youth-parliament/>

# A couple of stories and some headline stats

## Online Awareness

Four group work sessions of Online Awareness were delivered to all S1s in Kingussie High School. The sessions covered topics of social media, sexting, cyber bullying and cyber security.

S1 is nowadays a more pivotal time when many young people now have access to smartphones and the wider internet. The young people participated in discussion, activities and made a poster to raise awareness.

Feedback was very positive with young people reporting to have raised awareness on the law online, thinking about things that they post and also how to avoid scams.

## Proud Ness

In the summer it was fantastic to have the opportunity take a group of young people from across Badenoch & Strathspey to the 2nd annual Proud Ness event in Inverness. It was reported that 10,000 people attended the march through the city plus the events and activities at Bught Park afterwards. Young people commented how it was a great experience for them to be part of such an event with a really positive atmosphere.

## Quotes

**"Great fun getting to come here hope we can do it again!" – Youth club member.**

**"Amazing day, great to see so many out to support the LGBT community" – Young person who attended Proud Ness 2019**



At the HYP conference in June

**2** young people from this area took part

At the Area winter conference in Delnies Woods near Nairn.

**5** young people from this area took part

During the period, across this area there were

**819** meaningful contacts

**1,702** hours of learning and youth work activity

**125** Programmed Activities

**8** Awards gained by young people

## Some useful information

**Contact – Fraser Morrison**  
**01479 812 842 / 07884 731 364**  
[Fraser.morrison@highlifehighland.com](mailto:Fraser.morrison@highlifehighland.com)

## Social Media

**Facebook – 'Youth Development Badenoch & Strathspey'**

