

# Frequently Asked Questions

## HIGHLAND ATHLETE TRAVEL AWARD SCHEME

### What is the Athlete Travel Award Scheme?

The Athlete Travel Award Scheme (ATAS) supports performance level athletes in the Highlands to help them gain better access to competitive and developmental opportunities in their sport. Successful applicants benefit from a maximum award of £750 per 6 month funding period, to support travel and accommodation costs in attending training and competitions. They also benefit from free access to High Life Highland (HLH) facilities for 12 months.

The frequently asked questions in this document should help you prepare for your application. Please also read the [Highland ATAS Guidelines](#) to help you complete your application form.

You can contact a Highland ATAS facilitator if you have further questions or wish feedback on your application after the application deadline or if your application is unsuccessful.

### Who can I contact for advice?

Highland ATAS facilitators  
T: 07747842713 / 07795825626  
E: [AT.AS@highlifehighland.com](mailto:AT.AS@highlifehighland.com)

## PRE-APPLICATION GUIDANCE

- **How many people can apply per form?**  
Only 1 Athlete can apply per form.
- **Can I get advice and help on what I need to include in my application prior to submission?**  
Yes, in the first instance please read through the ATAS Guidance document and application form. If you still have questions, please contact a Highland ATAS facilitator who will be happy answer any other queries.

- **I am unable to send the form electronically, what should I do?**  
Please contact a Highland ATAS facilitator. If you need any of the Highland ATAS documents in large print or another format, please contact a Highland ATAS facilitator.

## APPLICATION GUIDANCE

- **Can I include attachments to support my ATAS application?**  
Unfortunately, we can't accept attachments or additional information that is not requested in the Highland ATAS Application form, apart from your [National Governing Body Endorsement Form](#). Please ensure that you include all relevant information in the application form. Your Highland ATAS facilitator can provide additional advice and guidance, if required.
- **Can my parent / coach help me with my application?**  
Yes, they can but the application should be led by the athlete and the athlete must be fully involved throughout the process.

## WHAT HAPPENS AFTER YOU SUBMIT YOUR ATAS APPLICATION

- **Does everyone who applies get an award?**  
We anticipate a high number of applications for Highland ATAS funding. This is a competitive process and only a small number of applicants will be successful in receiving an award from the available funding. However, if you are not successful on this occasion, we would encourage you to apply for a future funding round, provided you meet the eligibility criteria.
- **Can I appeal the decision if I am not successful in gaining the award?**  
The decision taken by the panel is final, however, we are happy to provide feedback and clarification on how the decision was reached.
- **Do I need to submit receipts or detail my grant expenditure?**  
While we don't need you to submit receipts, we do expect you to keep a log of all travel and accommodation for the year in line with your application.