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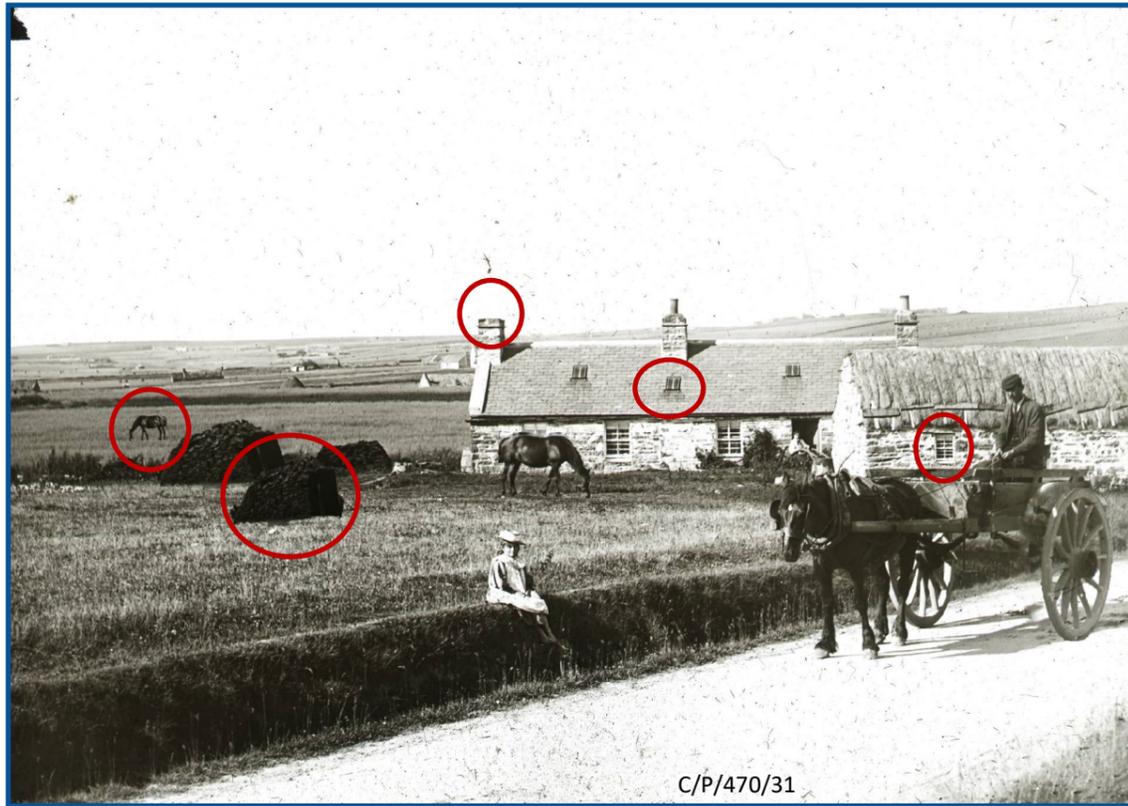
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Spot the Difference

ANSWERS



C/P/470/31



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“LEST WE FORGET”

Recipe & Activity

With kind permission from the formerly titled, Canisbay Congregational Board (now a part of the Keiss, Dunnet and Olrig union) are two recipes taken from the book “Lest We Forget : The Parish of Canisbay” page 60

Maggie Dundas’s Sooan Scones

- 1 breakfast cup flour Pinch of salt
 - 2 breakfast cup sooans* 1 teaspoon of baking powder
- Mix carefully to a smooth thin batter and mind ye don’t droon ‘e miller. Bake on a hot greased girdle until brown on both sides.

Stroma and Huna

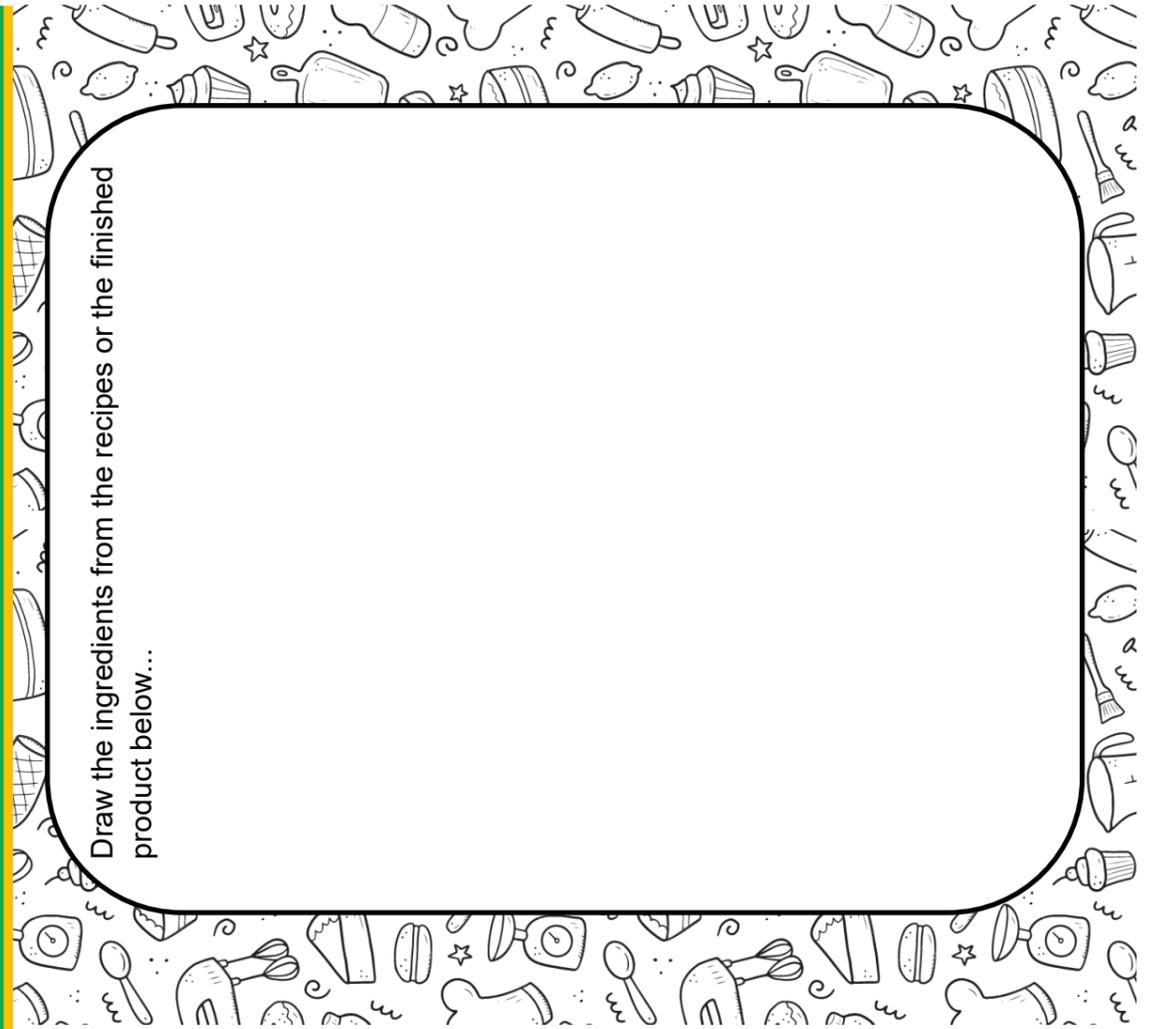
*sooans - a drink made from steeped oat husks

Tattie Scones

- 1 breakfast cup mashed tatties Pinch salt
 - 1 dessertsp. butter 1 teacup flour
 - 1 level teasp. baking powder
- Mix mashed tattie with butter, salt and flour till it holds firmly. Roll thinly and prick with fork. Cook on hot greased girdle until brown on each side.

Elma Moar, Quoyawa, Huna

Draw the ingredients from the recipes or the finished product below...



Below are some advertisements from the 1968 John O'Great Journal...

● TAPERED LUGS for increased tread life on the roads WITHOUT LOSS OF TRACTION.

THE SECRET OF THE WEBSTER HYPERION

CLODHOPPER:

the TRACTOR TYRE REMOULD for economy, traction and longer life. See your garage or tractor dealer now.



WEBSTER TYRE CO. LTD.
MILLER STREET, WICK
Tel.: Wick 2158/9 (Night Service): Wick 2130

SEND YOUR WOOL TO BRORA

to be manufactured into blankets, bedcovers, tweeds, rugs, knitting and weaving yarns. Goods also available for sale. Samples and price list free on request.



Hunter of Brora
T. M. Hunter Ltd Brora

The New Holland 445E Mower...

...and the extra you get with it!

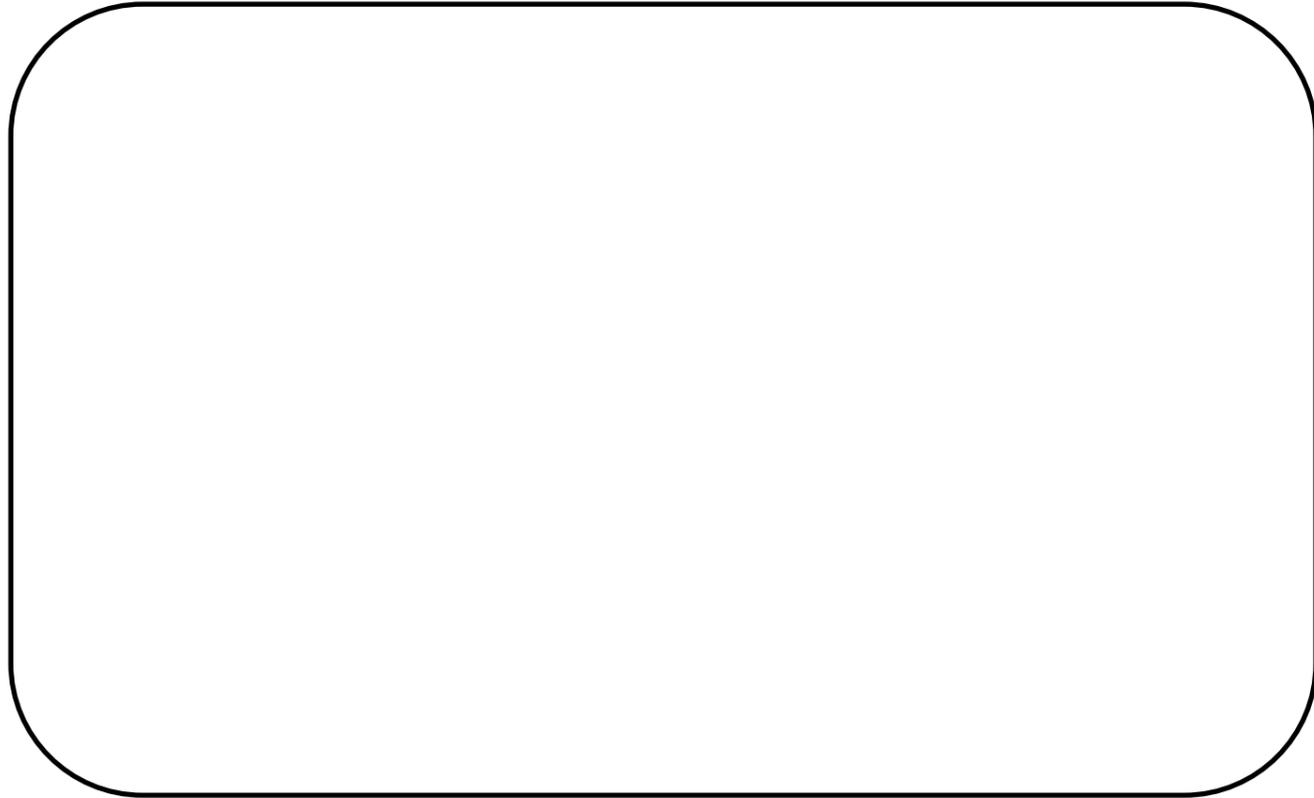
Fitmanless operation for faster, cleaner mowing

NEW HOLLAND
Practical in design - dependable in action

Full details from—
Alexander Bros. (Watten)
Tel.: Watten 209



In the box below, try to design your own 'agricultural' advertisement



Here is a wordsearch based around Crofting and Farming. Can you find all the words?



S	U	A	R	A	B	L	E	A	H	D	X	R	T	M	A	O	C	Y	
T	P	T	O	I	A	O	A	S	C	A	O	M	J	B	Y	S	P	J	V
I	C	Y	K	R	L	Z	K	G	R	C	O	B	P	Y	N	S	F	O	G
R	R	S	P	T	R	F	N	J	E	N	P	Q	W	O	S	E	R	A	R
K	O	D	O	B	R	I	M	K	Q	N	Z	O	M	A	Y	R	J	T	G
O	F	B	U	W	H	P	W	N	O	N	L	M	D	P	E	A	T	S	U
G	T	C	A	G	I	H	A	X	G	L	I	E	Z	D	B	L	S	J	R
J	S	N	U	Z	Z	N	E	B	A	S	H	L	V	A	C	A	X	B	Y
P	T	O	V	I	K	A	G	F	I	C	W	N	K	E	W	T	R	T	B
V	L	B	Z	N	C	T	V	D	T	G	O	C	W	N	W	N	Z	N	A
P	O	O	I	S	N	O	O	A	S	T	O	O	K	S	B	Z	I	G	O
Q	D	T	V	H	F	E	H	S	M	T	Y	G	E	I	H	N	H	V	
G	D	H	T	I	W	T	A	R	S	H	G	V	K	R	X	I	N	W	W
G	W	Y	D	E	R	B	A	E	K	R	A	O	J	K	Z	I	E	Y	H
B	A	M	C	L	F	F	V	B	V	E	E	G	E	A	X	M	B	R	M
N	Q	J	K	I	G	I	M	V	H	S	P	W	R	Y	F	D	G	W	S
P	M	K	Q	N	L	M	N	S	H	F	G	X	C	E	N	V	O	S	S
R	J	J	Q	G	V	V	F	R	G	I	G	L	O	C	P	H	T	Y	M
B	A	R	S	W	B	G	D	R	K	N	S	S	M	F	A	J	E	U	Y
H	Z	N	P	Z	I	A	M	O	P	G	N	I	W	X	T	X	F	T	P

CROFT STOOK PLOUGHING THRESHING OATS
SOWING BARN FARM SIMMONS SHEAVES
GRAZING FALLOW SHIELING PEAT
BOTHY ARABLE LIVESTOCK ACRE STIRK YOWE



Spot the Difference

C/P/470/31



There are 5 differences, can you spot them all?



Crofter's Diet

Crofters in Caithness had a limited diet, that was dependant on what they could grow themselves, the animals they kept, and what they could catch.

It mostly consisted of crops like oats, along with vegetables like turnips, leeks, and potatoes that they could grow themselves on their crofts. Along with milk, butter, cheese and eggs, and some meat they got from keeping cows, chickens and pigs. As well as some salt fish to help them last through the winter months (as there were no fridges then, there was nothing to keep the meat fresh, so they preserved it using salt).



TURNIP



OATS

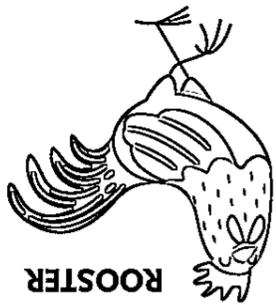


LEEK



POTATOES

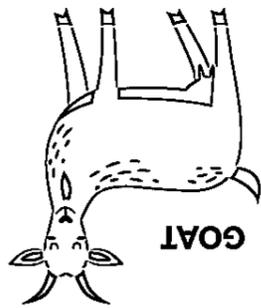
Use the pictures to the side to guide you, and draw some crops growing in the field on the next sheet, and some that have already been harvested in the crate



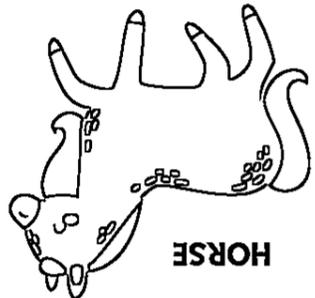
ROOSTER



SHEEP



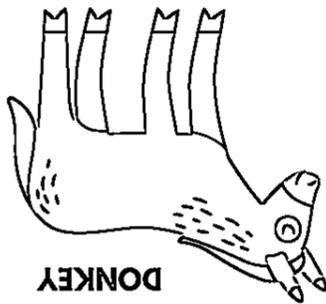
GOAT



HORSE



HEN



DONKEY



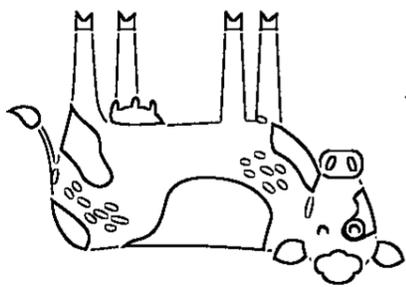
PIG



GOOSE



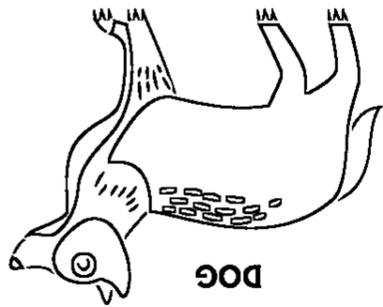
RABBIT



COW



CAT

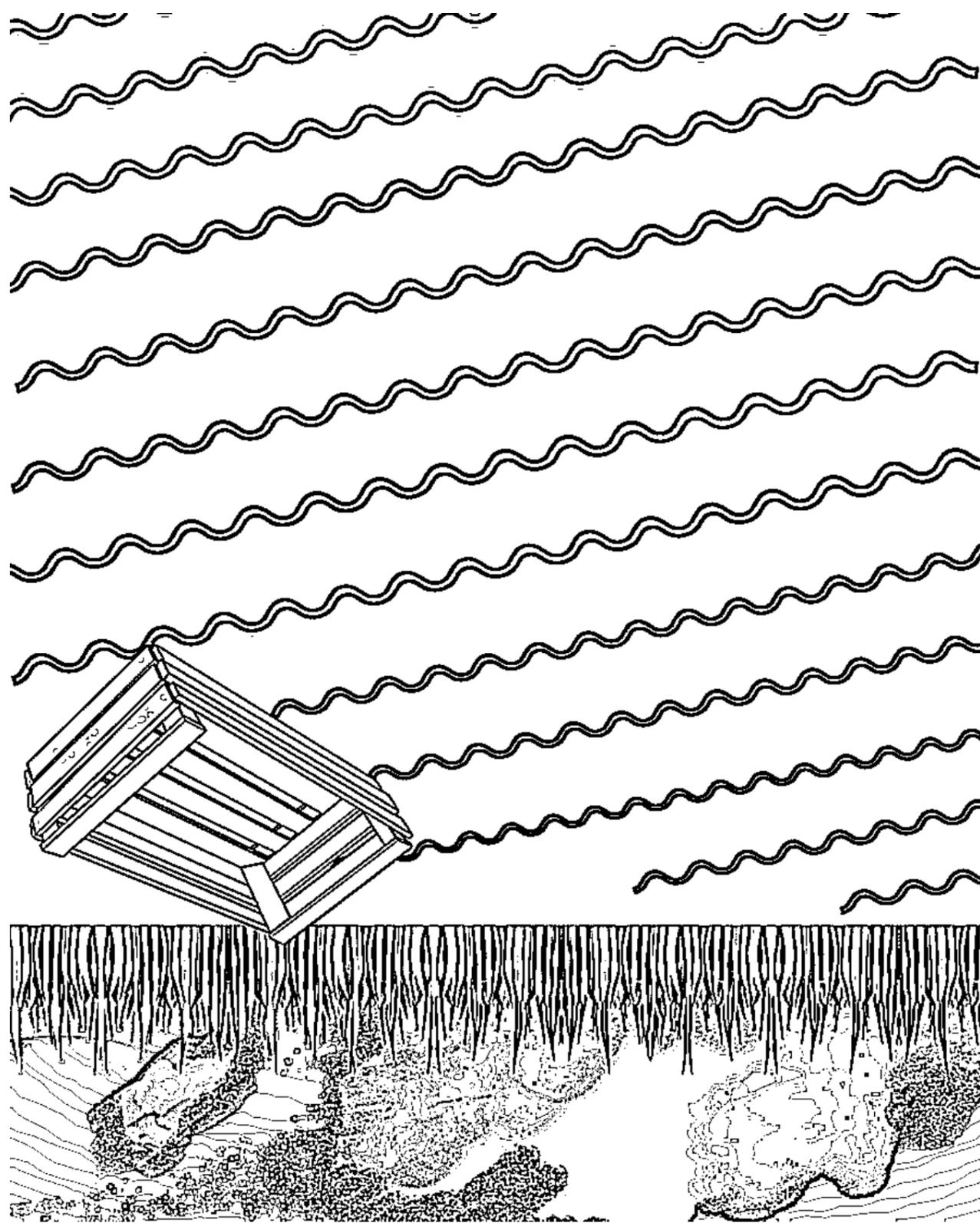


DOG

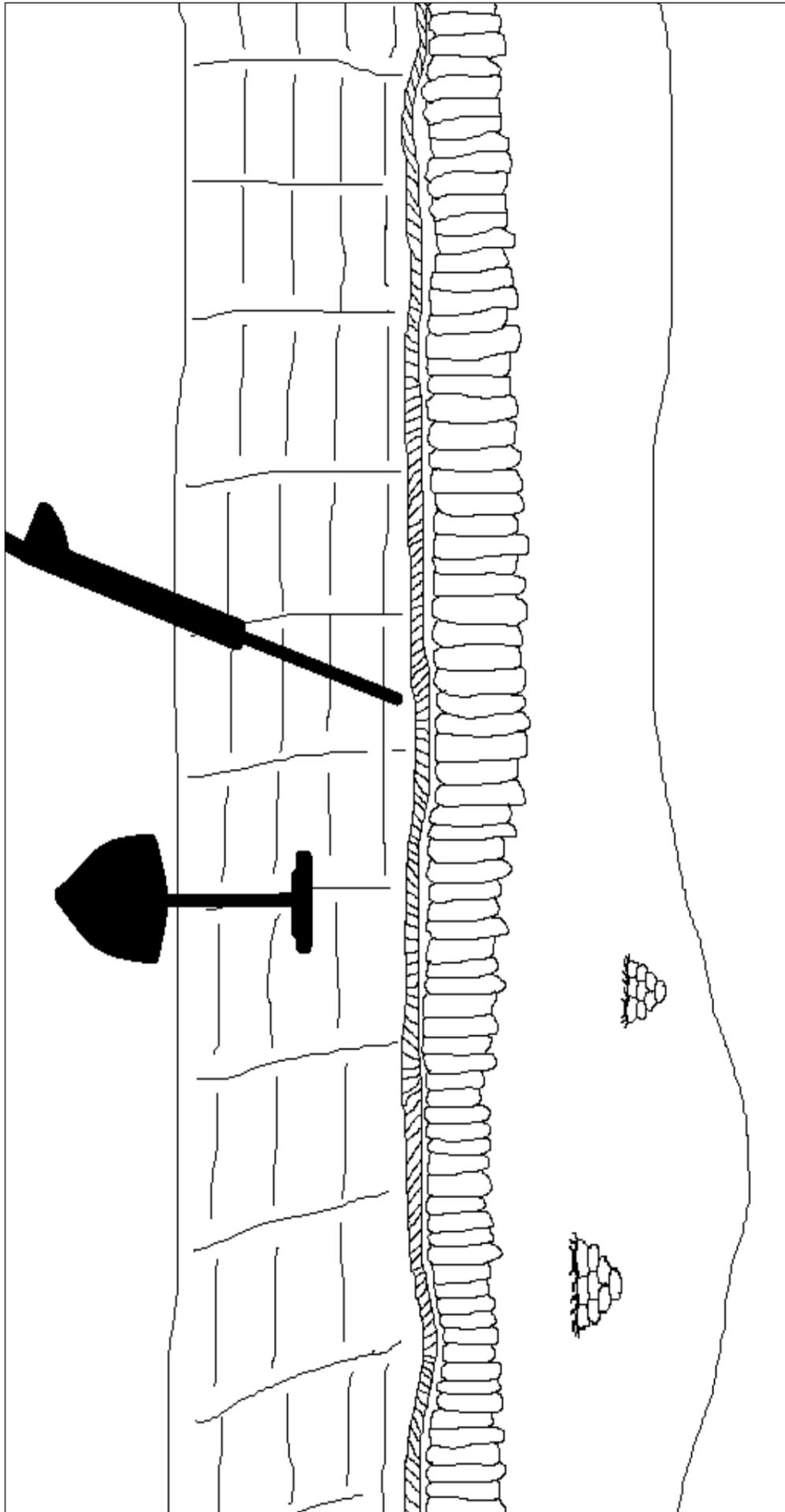
Below are some farm animals that you might see on a typical farm...

Farm Animals

COLOUR IN



Grofter's Diet



Peat cutting, storage and use for fuel was an important part of a Crofter's life. Signs of peat cutting can be seen throughout
Cathness, as a testament to its use (even today)

COLOUR IN THE Peat Bank

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Boardgame

Information and Instructions

Materials Required

To play you will need the following:

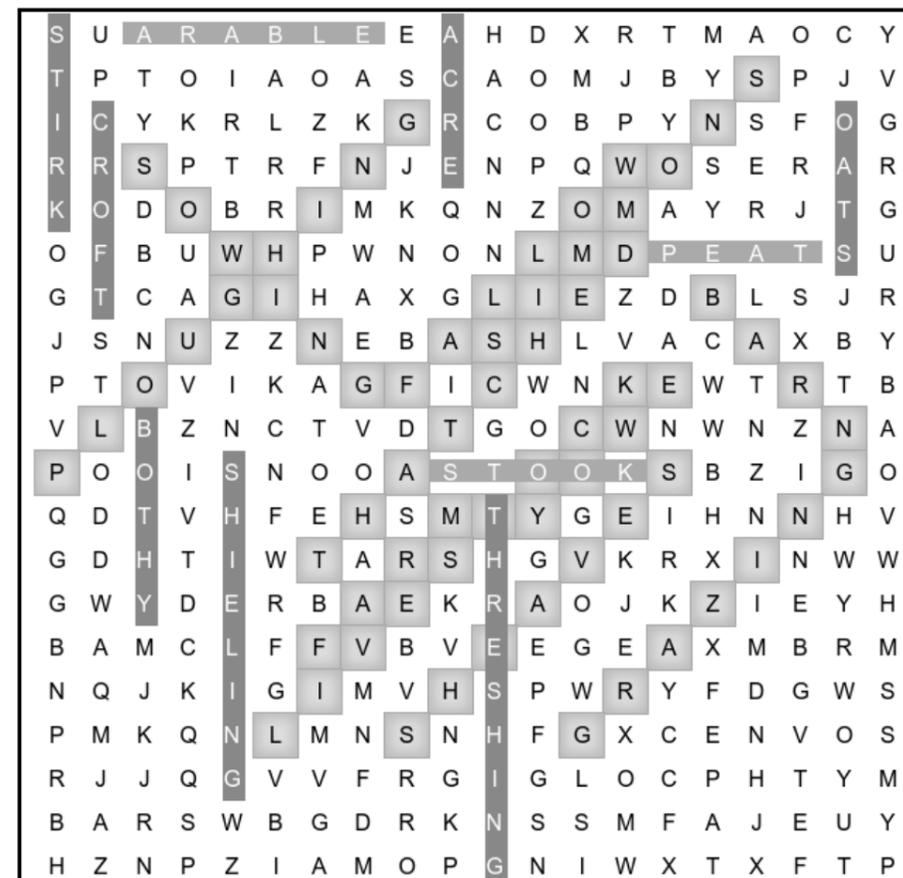
- The boardgame template (see over the page)
- A dice (just one should suffice)
- Some game pieces- (consider using different coloured buttons or coins)

How to Play

Start by rolling the dice to see who rolls the largest number; they will be the player who goes first. Then going clockwise around the players, each person takes a turn by rolling the dice and moving their counter the appropriate amount of places. If you land on a square with writing be sure to follow the instructions on it. First to the finish line is the winner!

Wordsearch

ANSWERS



The board game board is a large, irregular shape divided into several sections. At the top right is a green circle labeled "Start". At the bottom center is a green circle labeled "Finish". The board features several farm animals: a yellow sheep, a black and white dog, a black and white cow, a pink pig, a brown and white cat, a brown chicken, a red chicken, a white duck, and a brown goat. There are also green grass tufts scattered around. The board is divided into sections with various event cards and ladders.

Event Cards:

- Bad storm destroys crop & blows you back to the start
- Foot and Mouth hits the county, miss a turn
- Bumper crop harvest, move forward 4 places
- Broken down machinery causes harvest delays, go back 3
- Livestock do well at market, go forward 3 places
- Cows get out, miss a turn, while you herd them back and fix the fence
- First prize at County Show, move forward 3 places
- The Cross Bridge
- The Cross Bridge
- The Cross Bridge
- The Cross Bridge

Ladders:

- Ladder 1: From the "Bad storm" card to the "Livestock do well" card.
- Ladder 2: From the "Foot and Mouth" card to the "Bumper crop" card.
- Ladder 3: From the "Broken down" card to the "Livestock do well" card.
- Ladder 4: From the "Livestock do well" card to the "Bad storm" card.