



# Leanaig Community Centre Programme – 2023/2024

Monday				
	<b>Indoor Cycling</b> 6:00-6:45 Games Hall	<b>Body Balance</b> 7:00-8:00 Community room	<b>Public badminton session</b> 7:30– 9.30pm Games Hall	
Tuesday				
	<b>Brownies</b> Contact for more information	<b>HIIT Cardio</b> 6:00-6:30 Games Hall	<b>Body Balance</b> 6:45-7:45 Games hall	<b>Public badminton session/games hall hire</b> 8:00– 9.30pm Games Hall
Wednesday				
	<b>Indoor Cycling</b> 6:00-6:45 Games Hall	<b>Zumba</b> 6:15-7:15 Community room	<b>Public badminton session/games hall hire</b> 7:30– 9.30pm Games Hall	
Thursday				
	<b>Highland Dancing</b> 3.15 – 6.00pm Community Room	<b>School Of Self-Defence Kempo</b> 5.00 – 7.00pm Games Hall	<b>Cubs</b> Contact for more information	<b>Public badminton session/games hall hire</b> 8:00– 9.30pm Games Hall
Friday				
	<b>Scouts</b> Contact for more information	<b>Zumba</b> 6:15-7:15pm Games Hall	<b>Yoga</b> 7:30-8:30pm Games Hall <b>(starts on 15/03)</b>	

**Fitness class prices:**

- Highlife all-inclusive membership – Free
- Highlife Budget membership – 50p
- Pay as you go Concession - £4.50
- Pay as you go Adult - £7.50

For any MUGA all-weather pitch or room bookings, please contact the centre for availability



= Free with all-inclusive membership

- - Community
- - Adults
- - Kids