



















# Leanaig Community Centre Programme – 2023/2024

|           |  |  |   |   |  |
|-----------|--|--|---|---|--|
| Monday    |  <b>Indoor Cycling</b><br>6:00-6:45<br>Games Hall           |  <b>Body Balance</b><br>7:00-8:00<br>Community room                     |  <b>Public badminton session</b><br>7:30– 9.30pm<br>Games Hall                     |   |  |
| Tuesday   |  <b>Brownies</b><br>Contact for more<br>information         |  <b>HIIT Cardio</b><br>6:00-6:30<br>Games Hall                          |  <b>Body Balance</b><br>6:45-7:45<br>Games hall                                    |  <b>Public badminton<br/>session/games hall hire</b><br>8:00– 9.30pm<br>Games Hall |  |
| Wednesday |  <b>Indoor Cycling</b><br>6:00-6:45<br>Games Hall           |  <b>Zumba</b><br>6:15-7:15<br>Community room                            |  <b>Public badminton<br/>session/games hall hire</b><br>7:30– 9.30pm<br>Games Hall |   |  |
| Thursday  |  <b>Highland Dancing</b><br>3.15 – 6.00pm<br>Community Room |  <b>School Of Self-Defence<br/>Kempo</b><br>5.00 – 7.00pm<br>Games Hall |  <b>Cubs</b><br>Contact for more<br>information                                    |  <b>Public badminton<br/>session/games hall hire</b><br>8:00– 9.30pm<br>Games Hall |  |
| Friday    |  <b>Scouts</b><br>Contact for more<br>information         |  <b>Zumba</b><br>6:30-7:30pm<br>Games Hall                            |   |   |  |

## Fitness class prices:

Highlife all-inclusive membership – Free

Highlife Budget membership – 50p

Pay as you go Concession - £4.50

Pay as you go Adult - £7.50

For any MUGA all-weather pitch or room bookings, please contact the centre for availability



= Free with all-inclusive membership



- Community



- Adults



- Kids