

Autumn Term Programme

Day	Activity	Time	Venue	Start Date	End Date	Activity Code
Monday	- Under 16s Football	5:15pm to 6:30pm	Naver	20/8	TBC	Contact ASC
	- Kuk Sool u6s to 13+	6pm to 9pm	Eshed	20/8	TBC	Contact ASC
	- P1 to 3 Disney Playmakers	4pm to 4:45pm	TBC	TBC	TBC	Contact ASC
	- Lunchtime session	1pm to 1:30pm	TBC	TBC	TBC	Contact ASC
	- S1/2 Netball	3:45pm-4:30pm	THS Games Hall	21/8	TBC	Contact THS PE
	- Senior Football	3:45pm to 5pm	Naver	21/8	TBC	Contact THS PE
	- S1/4 Girls Football	Lunchtime	THS Games Hall	21/8	TBC	Contact THS PE
Tuesday	Under 8s & U10s Football	5:15pm to 6:15pm	Naver	20/8	TBC	Contact ASC
	P6/7 Netball	5:15pm to 6:15pm	THS Games Hall	20/8	TBC	Contact ASC
	S1/4 Netball	6:15pm to 7:15pm	THS Games Hall	20/8	TBC	Contact ASC
	Lunchtime session	1pm to 1:30pm	TBC	TBC	TBC	Contact ASC
	Girls Only Rugby	7pm to 8pm	Millbank	20/8	TBC	Contact ASC
	Gymnastics	5:30pm to 9pm	THS Gyms1&2	20/8	TBC	Contact ASC
	S1-4 Gymnastics	3:45pm to 5pm	THS Gym1	21/8	TBC	Contact THS PE
	S1-4 Girls Football	3:45pm to 5pm	Naver	21/8	TBC	Contact THS PE
	Volleyball	Lunchtime	Gym1	21/8	TBC	Contact THS PE
	Badminton	Lunchtime	THS Games Hall	21/8	TBC	Contact THS PE
Wednesday	Under 7 Football	4pm to 6pm	Ormlie	20/8	TBC	Contact ASC
	Under 6 Football	5:15pm to 6:15pm	Naver	20/8	TBC	Contact ASC
	Lunchtime Session	1pm to 1:30pm	TBC	TBC	TBC	Contact ASC
	Kuk Sool 7 to 13+	7pm to 9pm	Eshed	20/8	TBC	Contact ASC
	U16&18s Rugby	7pm to 9pm	Millbank	20/8	TBC	Contact ASC
	S2/3 Football	3:45pm to 5pm	Naver	21/8	TBC	Contact THS PE
	S1 Netball	Lunchtime	THS Games Hall	21/8	TBC	Contact THS PE
Thursday	Lunchtime Session	1pm to 1:30pm	TBC	TBC	TBC	Contact ASC
	Girls Only Rugby	7pm to 8pm	Millbank	20/8	TBC	Contact ASC
	Under 14s Football	6:30pm to 8pm	Naver	20/8	TBC	Contact ASC
	Gymnastics	5pm to 9pm	THS Gyms1&2	20/8	TBC	Contact ASC
	S1 Football	3:45pm to 5pm	Naver	21/8	TBC	Contact THS PE
	S3/S6 Netball	3:45pm to 5pm	THS Games Hall	21/8	TBC	Contact THS PE
	S1-5 Rugby	3:45pm to 5pm	THS Pitch	21/8	TBC	Contact THS PE
	Table Tennis	Lunchtime	Gym 1	21/8	TBC	Contact THS PE
	Basketball	Lunchtime	THS Games Hall	21/8	TBC	Contact THS PE

Thurso Cluster Activities

Autumn Term Programme

Day	Activity	Time	Venue	Start Date	End Date	Activity Code
Friday	Running Sessions P1 to S1 - Under 12 Football	13:45 to 15:30 6pm to 7pm	RDA Studio Naver	20/8 20/8	TBC TBC	Contact ASC Contact ASC
Saturday	- Martial Arts - Squash	10am to 12 noon TBC	Scrabster Hall Squash Courts	20/8 TBC	TBC TBC	Contact ASC Contact ASC
Sunday	- Under 7 Football - Under 8 Rugby - Martial Arts	10am to 12 noon 11am to 12 noon 4:30pm to 6:30pm	Dammies Millbank Scouts Hall	20/8 20/8 20/8	TBC TBC TBC	Contact ASC Contact ASC Contact ASC



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