

Highland ATAS Application Form

HIGHLAND ATHLETE TRAVEL AWARD SCHEME

Please complete this form (if handwritten please use **BLOCK CAPITALS**) and return it by 5pm on Friday 24th February 2023, together with the completed Highland ATAS Equalities form via email to AT.AS@highlifehighland.com

N.B. We will disregard all attachments which have not been asked for so please do not send extra information or supporting statements without us having asked you to do so. Late applications will not be accepted. Falsification of details may render your application invalid and result in any awarded funding being withdrawn.

Applicant Information

Applicants Name				Date of Birth	
Full Postal Address				Postcode	
Contact Telephone No.				Mobile	
Email					
Sport				Club Name	
Are you part of a National or Regional squad? (If so, please provide further details including National/Regional coaches name, email address)					
Are you part of a National Governing Body/Club Membership?	Y/N	Are your National Governing Body/Scottish Governing Body aware of your ATAS application?	Y/N	Estimated cost of travel/accommodation for the year ahead*	£
Club Coach's contact details			Can we contact your coaches for further information?	Yes <input type="checkbox"/> No <input type="checkbox"/>	

Residency

Please tick this box to confirm that you are a UK Resident

If your sport requires you to live/train/compete outside of the UK for more than **Four Months (121 days)** consecutively, please tick this box and provide further details below,

Parent / Guardian Details

Applicants under the age of 18 on the date of submission must provide the details of Parent(s) or Guardian(s).

Parent/Guardian Name			
Full Postal Address			
Postcode			
Contact Telephone No.		Email	

lease tick this box to confirm you consent for your child (named applicant)

to participate in the Highland ATAS in accordance with the schemes Terms & Conditions

Goals / Targets Statement

Explain why you need this funding and outline your goals and aspirations for the next 3 years in the space provided.

Statement Guidelines:

We expect this section to be **completed by the athlete or athlete led as a minimum if they are under 16 on the date of submission.**

- Break down your statement into the three following areas:
 - Background** (please tell us a little bit about you and what you have done to date in your sporting career)

- **Immediate goals** (what you plan to achieve this year)
 - **Future goals** (what levels you aspire to reach in your sporting career).
2. If you are unsure about the pathway for your sport, then ask your coach or Scottish Governing Body or even research other athletes who inspire you within your sport.

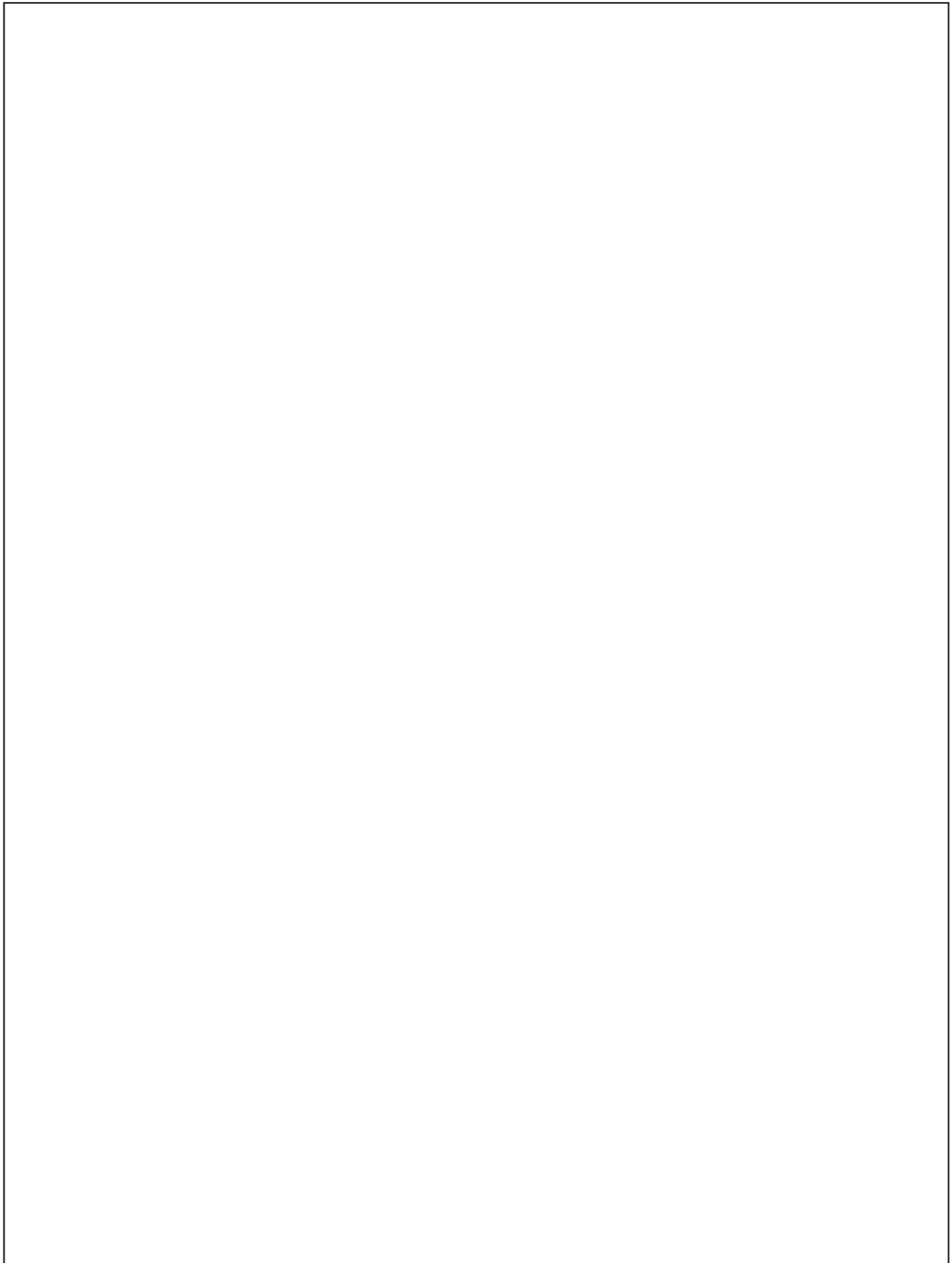
We also need to know about your individual specific performance standards related to your sport, such as:

- International, British and Scottish Rankings, Personal Bests e.g. time, distance;

If you are applying as an individual who plays, trains and completes in a Team sport then you should also include Team related performance specifics, such as:

- Team stats, regular performance criteria in your team sport;
- Football Team athletes should include details of their Scottish Age Grade programmes

3. Please use no more than 500 words and use bullet points where possible.



Current Training Schedule

(Attachments for this section must adhere to the guidelines below)

Please provide a detailed training programme and where possible include an example of how this may differ throughout the year/periodised season (your coach will be able to assist you and provide guidance on what details to provide if you require help with this). Include details of any P.E. sessions as well as other sports you take part in if applicable.

Upload your Training Plan document in Word or Excel format using the button below.

If you or your coach would like more information on what details we will be looking for, please contact Katie Matthews or Hugo Crush (the Highland ATAS facilitators) for advice prior to submitting your application. Contact details can be found in the Highland ATAS Guidelines.

Schedule of Competitions, Training, Training Camps

Please provide your training and competition calendar for 1st April 2023 – 31st March 2024. Include details of any training or competitions that will require travel and accommodation outside of the Highland region in the table below.

We are trialling a new policy this year, where we are also accepting travel within the Highlands, provided it is over 120-mile round trip, starting from your residence to your training or competition venue. You must name the training or competition venue in the schedule below if you are applying for funded travel within Highland.

Competition Name / Training Event

Venue Name & Location

Performance Aspirations (e.g. podium place, ranking advancement, technical improvements)

From 1 st April 2023 – 31 st March 2024 (max: 3)	<u>Date(s)</u>	<u>Competition / Training Event Name & Details</u>	<u>Venue Location & Address</u>	<u>Aspirations</u> (e.g. podium place, time improvement, rank advancement, technical, tactical, psychological)
From 1 st April 2024 – 31 st	<u>Date(s)</u>	<u>Competition Name/ Training</u>	<u>Location</u>	<u>Aspirations</u> (e.g. podium place, time improvement, rank advancement, technical, tactical, psychological)

March 2025 (max: 3)				
From 1st April 2025 – 31st March 2026 (max: 3)	<u>Date(s)</u>	<u>Competition Name/ Training</u>	<u>Location</u>	<u>Aspirations</u> (e.g. podium place, time improvement, rank advancement, technical, tactical, psychological)

Agreement Statement

We can only process your application if:

- You complete all the questions on this form;
- You complete this checklist;
- You send us all the necessary documents and details.

You must tick **all** the boxes below to confirm that:

You have answered all the relevant questions on the form, including a completed Equalities form.	
You understand that if you make any seriously misleading statements (whether deliberate or accidental) or knowingly withhold any relevant information at any stage during the application process or as a Highland ATAS athlete, this could make your application invalid, and you could be liable to repay any funding to us.	
You can confirm you have been a permanent resident of Highland for over 12 months and will reside in Highland for a minimum of 8 full months over the next funding period (1st April 2022 – 31st March 2023). Or are required to live / train / compete outside the UK for more than 4 months of the year in order to maintain or improve your current level of performance in your sport (please note this must be evidenced and supported by your Coach and Scottish or National Governing body of your sport for your application to be eligible and considered). Or you are a Highland resident (and have been for over 12 months) but will be entering 1st year of Further Education out with Highland area.	
You meet the eligibility requirements as set out in the Highland ATAS Guidelines.	
You understand that you must acknowledge High Life Highland and sportscotland on all advertising and promotional materials, including social media and online content.	

<p>You understand that you will be required to participate in an initial meeting followed by quarterly monitoring reviews to assess your performance against the schedule agreed in your application and reasonable press and social media commitments.</p>	
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Athlete Signed		Date	
Parent/Guardian Signed		Date	
Coach Signed		Date	

General Data Protection Regulations

To view our High Life Highland Privacy Notices, please visit www.highlifehighland.com/gdpr/privacy-notices or to request a printed copy please email DPO@highlifehighland.com.

Data Protection: I confirm that I have read and understood the privacy notice and I consent for my information to be processed and shared as described.

Signature _____ Date _____

Bank Details

Account
Name:
Name of
Bank:

Account
Number:
Sort
Code:

FOR OFFICIAL USE ONLY

Date application received		Value of Award	
SIMD Monitoring 1		SIMD Monitoring 2	