

# Highland Coaching Awards 2014

## Nomination form

The Highland Coaching Awards provide the opportunity to thank coaches for their dedication and recognise their achievements.

All nominations must clearly demonstrate why the contribution of the nominee should be recognised. You should take into account the given criteria below and provide clear evidence as to how the nominee has been:

- Creative in developing their coaching skills
- Ensuring a high quality experience for their players and teams
- Developing long-term opportunities to their community, group of athletes or individuals

**All nominees must hold a recognised governing body of sport coaching qualification.**

Ways to apply:

- Complete an online application at [www.hIGHLIFEhighland.com/coachingawards](http://www.hIGHLIFEhighland.com/coachingawards)
- Type on the form below and email to [CoachingHighlandandIslands@sportscotland.org.uk](mailto:CoachingHighlandandIslands@sportscotland.org.uk)
- Post a handwritten form to: 'Highland Coaching Awards', sportscotland Institute of Sport (Highlands & Islands), Inverness Ice Centre, Bught Park, Inverness IV3 5SR. Handwritten applications MUST be legible and in black ink using BLOCK CAPITALS to be accepted.

A copy of the data you submit on this form will be shared with sportscotland who are part of the judging panel, with whom we work in partnership to develop coaching in the Highlands.

## Awards criteria and evidence

### 1. Young person's coach of the year

This award will be made to a coach who has made an outstanding contribution to the introduction and early development of sport for young people under the age of 18.

#### Evidence

- Has delivered quality coaching in a safe environment.
- Has contributed to the development of the basic skills of a young athlete or a young team.
- Has created a safe, fun and nurturing environment for development.
- Has demonstrated innovative practice in their coaching.

### 2. Community coach of the year

This award will be made to a coach who has supported the development of athletes or teams, who are in the main over the age of 18, and has significantly increased the sporting opportunities available and participation levels within their community.

#### Evidence:

- Has delivered regular quality coaching sessions to a group or to individual athletes.
- Created a safe and enjoyable environment for participation.
- Has demonstrated innovative practice in their coaching.



### 3. Development coach of the year

This award will be made to a coach who, by using a player-centred approach, has ensured that athletes or teams with emerging talent have made an impact at district, regional or national level.

#### Evidence

- Has adopted a player-centred approach to coaching.
- Has been responsible for identifying and nurturing talent in line with the sport's long term player development model.
- Has coached athletes or teams who have made an impact at district, regional or national level which may include a significant improvement in performance, although not necessarily the winning of titles.

### 4. Performance coach of the year

This award will be made to a coach working with athletes or teams at the highest level in their sport. The award looks for evidence of player-centred development leading to successful performance at the highest level of Scottish, UK or international sport.

#### Evidence

- Has adopted a player-centred approach to coaching.
- Has made a difference to the performance of an athlete or team based on resources available to them.
- Has coached athletes or teams who have delivered a successful performance at the highest level of Scottish, UK or international sport.

### 5. Young coach of the year

This award will be made to a coach aged 25 years or younger in recognition of their achievements to date. This award looks for young coaches who have invested in their development as a coach and have made a significant impact on the people they coach.

#### Evidence

- Has helped their athletes or teams reach their potential by dedicated support.
- Has invested time and energy in their development as a coach, undertaking continuous professional development opportunities.
- Has demonstrated innovative practice in their coaching.

### 6. Disability coach of the year

This award will be made to a coach working with people with a disability. The award looks for evidence of player-centred development leading to successful performance of athletes or teams with a disability.

#### Evidence

- Has adopted a player-centred approach to coaching.
- Has coached athletes or teams who have made an impact at district, regional or national level which may include a significant improvement in performance, although not necessarily the winning of titles.

There is also the option to enter your coach into the **sportscotland** Coaching, Officiating and Volunteering Awards 2014 (National Awards), just simply tick the box below and fill out the nomination form. This means your coach will be entered into both Highland and National Awards. Please note the National Awards have 4 additional categories: Technical, Volunteer, Young Volunteer & Event Volunteer, if your coach fits into one of these categories please visit [www.sportscotland.org.uk/cov-awards-2014/](http://www.sportscotland.org.uk/cov-awards-2014/) and submit a separate nomination before **Friday 29<sup>th</sup> August 2014**. **sportscotland** is the national agency for sport and is committed to recognising coaches across the country for their achievements.

**Highland Awards category**

Please indicate which award you are nominating this candidate for: *(tick one only)*

Young person's coach of the year

☐

Community coach of the year

☐

Development coach of the year

☐

Performance coach of the year

☐

Young coach of the year

☐

Disability coach of the year

☐

I would like the nominee detailed below also to be considered for one of the categories above in the National Awards ☐ *(tick here)*

Level of coaching qualification achieved:

**Nominee**

Name of individual to be nominated:

Address (including postcode):

Telephone (day):

Telephone (evening):



**sportscotland**  
the national agency for sport

Email:

Date of birth:

Current coaching position or title:

Number of years as an active coach:

**ALL DETAILS MUST BE COMPLETE**

**NOMINATOR**

Name and title:

Address (including postcode):

Telephone (day):

Telephone (evening)

Relationship to nominee:

**Criteria and evidence**

Please make your nomination below. The time period that you should base your nomination on is coaching achievement between **1<sup>st</sup> September 2013** and **29<sup>th</sup> August 2014**.

Please use this opportunity to clearly summarise why you feel this person should be nominated.

Please consider the specific award criteria and evidence required when completing the form. This criteria and evidence can be found on pages 1 and 2 of this form.

**There is a 200 word limit for each question**

- 1. Summary of current coaching commitment and activity** – who and what sports do they coach?

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**2. Dedication**

How many voluntary (unpaid) hours delivered in an average week:

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How many paid hours delivered in an average week:

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Total hours delivered in a week (sum of paid and voluntary hours):

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**3. Impact**

How has this coach made a positive impact over the time period above?

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**4. Achievement**

What have been the notable achievements of this coach's athletes or teams in 2013-14?

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Has this coach received any awards/recognition for their coaching in 2013-14?

Yes	No	Details:
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**5. Personal development**

Please provide evidence of what the coach has done to develop their skills as a coach and keep them up to date. This could be through attending workshops, working with other coaches, or other ways in which they have demonstrated a real commitment to on-going personal development.

**What courses/workshops/additional training has this coach attended in 2013-14?**

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**Does this coach work in partnership with other coaches?**

Yes	No	Details:

**6. Summary of key evidence**

**In 200 words tell us why this coach should win the award against the evidence required.**

Evidence can be found on pages 1 and 2 of this form.

All nominations for the Highland Coaching Award categories should be submitted by **Friday 3<sup>rd</sup> October 2014**. Nominations for the **sportscotland** Coaching, Officiating and Volunteering Awards 2014 close on **29<sup>th</sup> August 2014**.

If you need any further help or information on either of the Awards please contact Miles Fuller, Partnership Manager (Coaching & Volunteering), **sportscotland** on 07584 520 033.

Please visit [www.sportscotland.org.uk/coaching/awards/sportscotland-coaching,-officiating-and-volunteering-awards-2014/](http://www.sportscotland.org.uk/coaching/awards/sportscotland-coaching,-officiating-and-volunteering-awards-2014/) for details of the awards, including terms and conditions!

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**Data Protection** – the information you have supplied will be used for the purpose(s) for which you have provided it. High Life Highland will also use it to plan improvements and to meet our obligations in delivering services on behalf of The Highland Council. This data will be maintained in accordance with the Data Protection Act 1998 and will not be passed on or sold to any other organisation without your prior approval, unless there is a legal requirement to do so.

High Life Highland would like to send you information about our own products and services by post, telephone, email and SMS. If you agree to being contacted in this way, please tick the relevant boxes.

Post ☐ Phone ☐ Email ☐ SMS ☐

**Declaration: I agree to the use of my personal data as detailed above.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



**sportscotland**  
the national agency for sport