

P1013 North Highland Woman's Wellbeing Hub (NHWWH)

RECORDS' IDENTITY STATEMENT

Reference number: GB1741/P1013

Alternative reference number:

Title: **North Highland Woman's Wellbeing Hub**

Dates of creation: Jan 2021

Level of description: Fonds

Extent: 1 file

Format: Paper

RECORDS' CONTEXT

Name of creators: Kirsteen Campbell; Rebecca Wymer; Claire Clark

Administrative history: North Highland Woman's Wellbeing Hub (NHWWH) was set up by Kirsteen Campbell, Rebecca Wymer and Claire Clark to address the health issues faced by women in the North of Scotland in 2021.

As of 2023 they run three private support groups on Facebook covering North Highland Women's Health Support, Endometriosis and Menopause. This provides a safe, confidential space to ask questions and swap advice.

NHWWH deliver digital and in-person talks, Q&A's on women's wellness whilst also working closely with consultants, medical practices and community health teams to ensure all information conveyed is accurate.

The group are active in lobbying all MP's, Councillors and MSP's to improve women's health services in the Highlands.

Custodial history: Deposited by NHWWH

RECORDS' CONTENT

Description: Timeline, reviews and reports, leaflets and posters, correspondence.

Appraisal:

Accruals: expected

RECORDS' CONDITION OF ACCESS AND USE

Access: Open

Closed until:

Access conditions: Available within the Archive searchroom

Copying: Copying permitted within standard
Copyright Act parameters

Finding aids: Available in Archive searchroom

ALLIED MATERIALS

Related material:

Publication:

Notes:

Date of catalogue: 6 Feb 2023

Ref.	Description	Dates
P1013	North Highland Women's Wellbeing Hub	2021-2023
P1013/1	Reports and reviews	2022-2023
P1013/1/1	Review of 2022 detailing progress in campaigning for fair access to women's healthcare, support, networking, and awareness events. Kirsteen Campbell, group founder, won Volunteer of the Year at the Highland Heroes awards ceremony (3 items)	2022
P1013/1/2	Social Media Reach Report detailing Facebook post views of over 94K, page likes, support group members (1 item)	10 Jul 2022-14 Jan 2023
P1013/2	Correspondence	2022
P1013/2/1	Letter to Pam Dudek, Chief Executive NHS Highland from Scottish Human Rights Commission concerning the centralisation of women's health care and the impact this has had on women's healthcare, in particular gynaecological services (3 items)	31 Oct 2022

P1013/2/2	Christmas card from Kirsteen, Claire and Rebecca (1 item)	Dec 2022
P1013/3	Leaflets and posters	2022-2023
P1013/3/1	'What we do, Who are we' leaflet. Explains the group structure, how it aims to provide support for women's health issues and contact details, including scan codes for the three private Facebook groups run by the group (1 item)	2022
P1013/3/2	Polycystic Ovary Syndrome (PCOS). Leaflet describing symptoms and where to find support and information (1 item)	Sep 2022
P1013/3/3	Pelvic Congestion Syndrome (PCS). Leaflet describing symptoms and where to find support and help (1 item)	Sep 2022
P1013/3/4	Menopause leaflet. Covers symptoms and advice on peri-menopause, menopause, post menopause (3 items)	Sep 2022
P1013/3/5	Poster promoting NHWWH and the free support groups it covers (1 item)	2022
P1013/3/6	Poster publicising Woman's Wellness Festival on 18 th and 19 th March 2023 at Lyth Arts Centre (2 items)	Jan 2023
P1013/4	Various	2021-2023
P1013/4/1	Timeline of NHWWH detailing dates of notable events since the initial group was established (1 item)	Jan 2021-Mar 2023
P1013/4/2	Printout of a hive design showing the 36 groups that NHWWH have interacted with since they began (1 item)	Jan 2023
P1013/4/3	Gynaecology Cancers, signs and symptoms and a printable doctors/nurse appointment list to check and take along to appointments (7 items)	Jan 2023