

At Nairn Leisure Centre we aim to be as inclusive as possible, therefore this page has been specifically created to offer information and advice to customers who may find having knowledge of our changing and showering facilities of benefit before visiting the centre.

Nairn Leisure Centre has Male, Female & Accessible changing rooms with the following features:

- adjustable adult-sized changing bench
- ceiling tracking hoist system
- shower with a seat
- adequate space in the changing area for a disabled person and up to two assistants
- toilet with handrail and room for assistance
- large waste bin for disposable pads

### **Changing rooms**

Customer changing facilities are separated into female changing rooms and male change.

The changing rooms are closed 15 minutes, before, during and after school swimming lessons.

In the male changing rooms, there is lots of space, with two toilet cubicles, 2 urinals and communal showers with 2 shower curtains for more privacy. Lockers are provided at a charge of £1 which is refundable after use or a token can be bought for £1.50 at reception. There is a large space with a baby changing table with mat, along with a nappy bin in the changing rooms.

In the female changing rooms there is plenty of space, with 3 toilet cubicles, 1 private shower with curtains and a communal shower area. Lockers are provided at a charge of £1 which is refundable after use or a token can be bought for £1.50 at reception. There is a space with a baby changing play pen and mat, along with a nappy bin in the changing rooms.

### **Charges for changing & showering**

The showering and changing facilities are obviously free when taken along with one of the activities offered at Nairn Leisure however charges apply for individuals and non-members wishing to use the facility solely for changing/showering.

Towels, shampoo, conditioner and shower gel can be purchased at reception.

### Further pre-visit information

We hope the details on the website offers sufficient information to customers looking to find out about Nairn Leisure Centre changing and showering facilities. However, if any customer requires additional information or would like to have a tour around the whole facility including the changing/showering areas before visiting, this can be arranged by calling 01349 781500 and asking to speak to the Supervisor