



At Nairn Leisure Centre we aim to be as inclusive as possible, therefore this page has been specifically created to offer information and advice to customers who may find having knowledge of our changing and showering facilities of benefit before visiting the centre.

Nairn Leisure Centre has a specific changing area for our customers who might need more assistance than others to get changed

Within the areas we have provided

- a adjustable adult-sized changing bench
- a ceiling tracking hoist system
- a shower with a seat
- adequate space in the changing area for the disabled person and up to two assistants
- toilet with hand rail and room for assistance
- a large waste bin for disposable pads

### **Changing rooms;**

Customer changing facilities are separated into female changing rooms and male change.

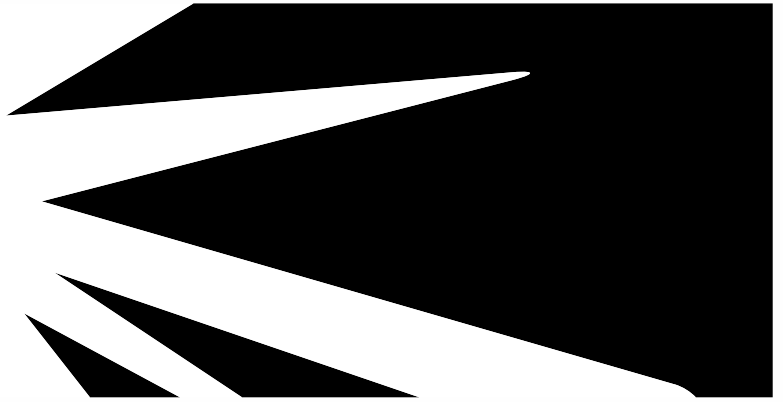
In the male changing rooms there is lots of space, with two toilet cubicles, 2 urinals and communal showers. Lockers are provided at a charge of 10p / 20p which is refundable after use. There is a large space with a baby changing mat and play pen, along with a nappy bin in the changing rooms.

In the female changing rooms there is plenty of space, with 3 toilet cubicles, 1 individual shower with curtains and a communal shower area. Lockers are provided at a charge of 10p / 20p which is refundable after use. There is a space with a baby changing mat, along with a nappy bin in the changing rooms.

### **Charges for changing & showering**

The showering and changing facilities are obviously free when taken along with one of the activities offered at Nairn Leisure however charges apply for individuals and non-members wishing to use the facility solely for changing/showering.

Towels, shampoo, conditioner and shower gel can be purchased at reception.



### Further pre-visit information

We hope the details on this page of the website offers sufficient information to customers looking to find out about Nairn Leisure Centre changing and showering facilities. However, if any customer requires additional information or would like to have a tour around the whole facility including the changing/showering areas before visiting, this can be arranged by calling 01349 781500 and asking to speak to the Supervisor.