

At Lochbroom Leisure Centre we aim to be as inclusive as possible, therefore this page has been specifically created to offer information and advice to customers who may find having knowledge of our changing and showering facilities of benefit before visiting the centre.

Wetside Changing – swimming pools (Sauna):

Customer changing facilities for the pool and sauna are of a modern 'changing village' layout the changing village has no gender specific areas. The set-up means that the pool and sauna users can access individual private cubicles for changing before and after bathing.

We offer a large disabled changing room located at the end of the changing village close to the shower.

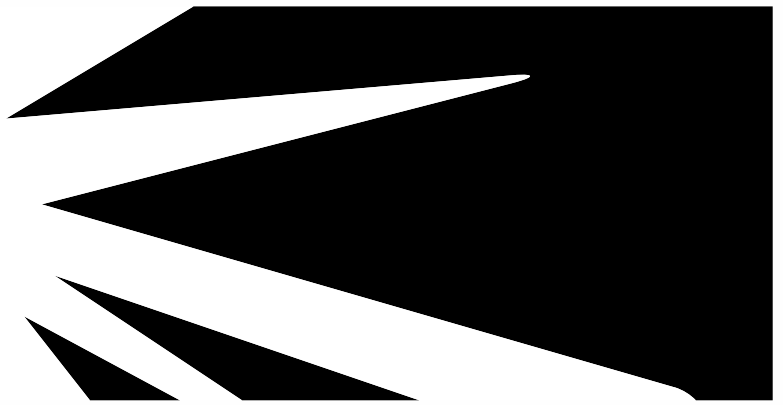
- This has a waist height bench and also a changing bed
- Adequate space in the changing area for the disabled person and up to two carers
- A lockable door to allow the disabled person and carer some privacy
- A large waste bin for disposable pads
- An emergency alarm
- A non-slip floor

The main showering facilities are located on the pool side, they are of a communal nature simply offering customers a 'rinse down' and swimwear should still be worn. Shampoo and other cleansing products can be used.

Lockers are located throughout the Changing Village and are free, you just need to turn the key.

Dry side changing – sports halls & Fitness room.

As the sports centre is of a slightly older architectural design, the changing facilities are of a gender-specific communal layout. Both the male and female changing rooms are open plan layout and do not offer any individual cubicles for changing.



Each of the male and female changing rooms lead off to their respective toilet and shower areas. The male showering is of a communal nature with no individual cubicles, whereas while the female showers are still 'open' they have cubicles offering a basic level of showering privacy.

The female changing rooms are on our first floor however we do have a disabled changing area and shower located on the ground floor.

Lockers in the dry side are located within both the changing rooms and these operate with a 50pence coin.

Charges for changing & showering

The showering and changing facilities are obviously free when taken along with one of the activities offered at Lochbroom Leisure Centre however charges apply for individuals and non-members wishing to use the facility solely for changing/showering.

Towels and costumes can be purchased from reception.

Further pre-visit information

We hope the details on this page of the website offers sufficient information to customers looking to find out about Lochbroom Leisure Centre's changing and showering facilities. However, if any customer requires additional information or would like to have a tour around the whole facility including the changing/showering areas before visiting, this can be arranged by calling 01854 612884 and asking to speak to the Supervisor.