



Pre School Swimming Lessons



Introduce your child to the water, through fun activities and play at Lochaber Hydrotherapy Pool.

Our qualified instructor will help you become involved in your child's aquatic adventure.

6mths-2yrs – adult is required to accompany child in the water.

3yrs – adult is required to accompany child in the water.

4yrs – adult is required to accompany child in the water.

Free to All Inclusive High Life Members

Please ask at reception or phone (01397) 704359