



At Lochaber High School we aim to be as inclusive as possible, therefore this page has been specifically created to offer information and advice to customers who may find having knowledge of our changing and showering facilities of benefit before visiting the centre.

Lochaber High School has provided an accessible toilet for customers who require certain needs.

Within the areas we have provided

- A large easily accessible shower
- A toilet with room for the carers and large waste bin
- A large waste bin for disposable pads
- Changing area
- Alarm beside the toilet for assistance or in case of emergency

At Lochaber High School there is a large games hall, small games hall, a studio often used for Dance or martial arts and a fitness study with exercise equipment.

Both male and female changing facilities are the same layout with five showers in each with a mirror and two hair dryers as well as a toilet area consisting of two toilets and hand dryer.

At this facility any towels, shampoos, conditioners etc. will have to be brought by customers.

In the changing areas there are no lockers so it is advised to take any valuables with you to fitness classes or any other area in this facility.

#### **Further pre-visit information**

We hope the details on this page of the website offers sufficient information to customers looking to find out about Lochaber High School changing and showering facilities. However, if any customer requires additional information or would like to have a tour around the whole facility including the changing/showering areas before visiting, this can be arranged by calling 01397 704359 and asking to speak to the Duty Officer.