

# YOU TIME

MAKE TIME FOR YOU

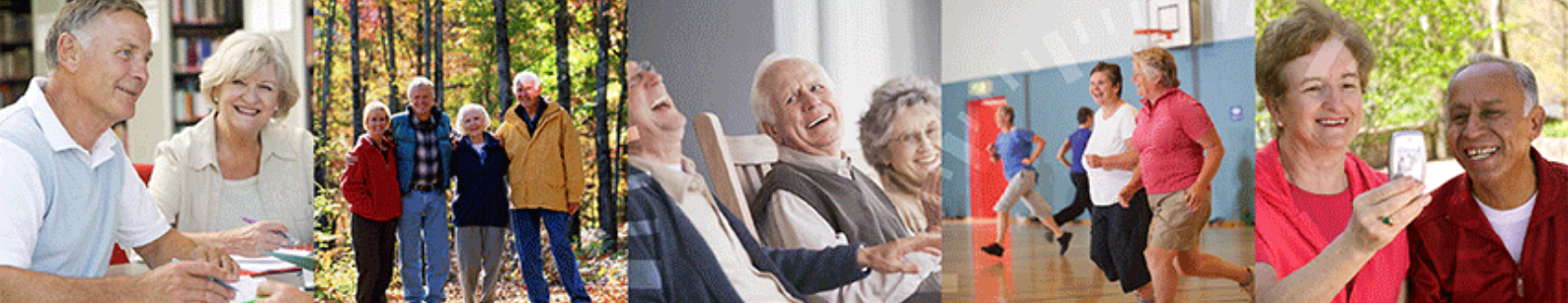
## FORT WILLIAM LIBRARY YOU TIME PROGRAMME

**NOVEMBER – DECEMBER 2017**

You Time is a programme of events and activities taking place in a number of High Life Highland sites. The programme provides lots of interesting opportunities to improve your health, keep your mind active and have a good time.

Activity	Date	Time
Make your own Lampshade	Thursday 16 <sup>th</sup> November	10:30am – 12:30pm
Make your own Dream Catcher	Wednesday 22 <sup>nd</sup> November	10:30am – 12:30pm
Christmas Craft and Chat: Christmas Cards	Thursday 30 <sup>th</sup> November	11:00am - 1:00pm
Christmas Craft and Chat: Gift Tags and Tea Lights	Monday 4 <sup>th</sup> December	2:00pm – 4:00pm
Christmas Craft and Chat: Hand- painted Christmas Plates	Thursday 14 <sup>th</sup> December	10:30am – 12:30pm

*Make some **You Time** this winter*



# YOUTIME

MAKE TIME FOR YOU

**Make your own Lampshade:** Brighten up your home with your very own handmade lampshade. All materials supplied.

**Make your own Dream Catcher:** Banish bad dreams by creating your own Dream Catcher. All materials supplied.

**Christmas Craft and Chat – Christmas Cards:** Design and create your own unique Christmas Cards to send to family / friends. All materials supplied.

**Christmas Craft and Chat – Gift Tags and Tea Lights:** Create simple, yet effective, Gift Tags for all your Christmas presents and decorate your own glass Tea Light Holder. All materials supplied.

**Christmas Craft and Chat – Hand-painted Christmas Plates:** Paint your own Christmas Plate and use to decorate your home or Christmas table.

## Prices (per session)

Adult	Over 60	Budget High Life Highland Member	All Inclusive High Life Highland Member
£5.80	£2.90	50p	Free

**To book please contact Lochaber Leisure Centre,  
Belford Road, Fort William  
Tel: 01397 704359**