

# Competition Pool Timetable - Term Time

DAY	LANE	0600	0630	0700	0730	0800	0830	0900	0930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730	1800	1830	1900	1930	2000	2030	2100	2130															
MONDAY	SHALLOW	8	PLS - S		PS	SCHOOL TUITION						PS	SCHOOL TUITION						L2S	SET UP - CLOSED	LEARN TO SWIM SCHEME						SET UP - CLOSED	LEARN TO SWIM SCHEME						SET UP - CLOSED	AQUA AEROBICS 2015-2100						PLS							
		7	PLS			SCHOOL TUITION						PS	SCHOOL TUITION						PS		LEARN TO SWIM SCHEME							PLS	INVERNESS TRIATHLON CLUB																			
		6	PLS - M			SCHOOL TUITION						PS	SCHOOL TUITION						PS		LEARN TO SWIM SCHEME							PLS - S	INVERNESS TRIATHLON CLUB																			
		5	PLS - F			SCHOOL TUITION						PS	SCHOOL TUITION						PS		LEARN TO SWIM SCHEME							PLS - T	INVERNESS TRIATHLON CLUB																			
	DEEP	4	PLS - T		PS	SCHOOL TUITION						PS	SCHOOL TUITION						L2S		SET UP - CLOSED	LEARN TO SWIM SCHEME						SET UP - CLOSED	HIGHLAND SWIM TEAM 1815-2015						SET UP - CLOSED	PLS - M												
		3	PLS - F			SCHOOL TUITION						PS	SCHOOL TUITION						L2S			SET UP - CLOSED	LEARN TO SWIM SCHEME						SET UP - CLOSED	HIGHLAND SWIM TEAM 1815-2015						SET UP - CLOSED	PLS - F											
		2	PLS - M			SCHOOL TUITION						PS	SCHOOL TUITION						L2S				SET UP - CLOSED	LEARN TO SWIM SCHEME						SET UP - CLOSED	HIGHLAND SWIM TEAM 1815-2015						SET UP - CLOSED	PLS - T										
		1	PLS - S			SCHOOL TUITION						PS	SCHOOL TUITION						L2S					SET UP - CLOSED	LEARN TO SWIM SCHEME						SET UP - CLOSED	HIGHLAND SWIM TEAM 1815-2015						SET UP - CLOSED	PLS - S									
TUESDAY	SHALLOW	8	PLS		PS	SCHOOL TUITION						PS	SCHOOL TUITION						L2S	SET UP - CLOSED					LEARN TO SWIM SCHEME							SET UP - CLOSED	LEARN TO SWIM SCHEME						SET UP - CLOSED	PLS								
		7	PLS			SCHOOL TUITION						PS	SCHOOL TUITION						PS						LEARN TO SWIM SCHEME								PS	PLS														
		6	PLS			SCHOOL TUITION						PS	SCHOOL TUITION						PS						LEARN TO SWIM SCHEME								PS	PLS														
		5	PLS			SCHOOL TUITION						PS	SCHOOL TUITION						PS						LEARN TO SWIM SCHEME						PS		PLS															
	DEEP	4	PLS - T		PS	SCHOOL TUITION						PS	SCHOOL TUITION						L2S		SET UP - CLOSED				LEARN TO SWIM SCHEME						SET UP - CLOSED	HIGHLAND SWIM TEAM 1815-2015						SET UP - CLOSED	INVERNESS SWIM CLUB MASTERS									
		3	PLS - F			SCHOOL TUITION						PS	SCHOOL TUITION						L2S			SET UP - CLOSED			LEARN TO SWIM SCHEME							SET UP - CLOSED	HIGHLAND SWIM TEAM 1815-2015						SET UP - CLOSED	INVERNESS SWIM CLUB MASTERS								
		2	PLS - M			SCHOOL TUITION						PS	SCHOOL TUITION						L2S				SET UP - CLOSED		LEARN TO SWIM SCHEME								SET UP - CLOSED	HIGHLAND SWIM TEAM 1815-2015						SET UP - CLOSED	INVERNESS SWIM CLUB MASTERS							
		1	PLS - S			SCHOOL TUITION						PS	SCHOOL TUITION						L2S					SET UP - CLOSED	LEARN TO SWIM SCHEME									SET UP - CLOSED	HIGHLAND SWIM TEAM 1815-2015						SET UP - CLOSED	INVERNESS SWIM CLUB MASTERS						
WEDNESDAY	SHALLOW	8	PLS - S		PS	SCHOOL TUITION						PS	SCHOOL TUITION						L2S	SET UP - CLOSED					LEARN TO SWIM SCHEME						SET UP - CLOSED				INVERNESS SWIM CLUB 1815-2045							SET UP - CLOSED	PLS					
		7	PLS - M			SCHOOL TUITION						PS	SCHOOL TUITION						PS						LEARN TO SWIM SCHEME							PS			PLS													
		6	PLS - F			SCHOOL TUITION						PS	SCHOOL TUITION						PS						LEARN TO SWIM SCHEME							PS	PLS															
		5	PLS - T			SCHOOL TUITION						PS	SCHOOL TUITION						PS						LEARN TO SWIM SCHEME							PS	PLS															
	DEEP	4	PLS - T		PS	SCHOOL TUITION						PS	SCHOOL TUITION						L2S		SET UP - CLOSED				LEARN TO SWIM SCHEME						SET UP - CLOSED	INVERNESS SWIM CLUB 1815-2045						SET UP - CLOSED	PLS									
		3	PLS - F			SCHOOL TUITION						PS	SCHOOL TUITION						L2S			SET UP - CLOSED			LEARN TO SWIM SCHEME							SET UP - CLOSED	INVERNESS SWIM CLUB 1815-2045						SET UP - CLOSED	PLS								
		2	PLS - M			SCHOOL TUITION						PS	SCHOOL TUITION						L2S				SET UP - CLOSED		LEARN TO SWIM SCHEME								SET UP - CLOSED	INVERNESS SWIM CLUB 1815-2045						SET UP - CLOSED	PLS							
		1	PLS - S			SCHOOL TUITION						PS	SCHOOL TUITION						L2S					SET UP - CLOSED	LEARN TO SWIM SCHEME									SET UP - CLOSED	INVERNESS SWIM CLUB 1815-2045						SET UP - CLOSED	PLS						
THURSDAY	SHALLOW	8	PLS		PS	SCHOOL TUITION						PS	SCHOOL TUITION						L2S	SET UP - CLOSED					LEARN TO SWIM SCHEME						SET UP - CLOSED				LEARN TO SWIM SCHEME							SET UP - CLOSED	PLS - S					
		7	PLS			SCHOOL TUITION						PS	SCHOOL TUITION						PS						LEARN TO SWIM SCHEME							PS			PLS - F													
		6	PLS			SCHOOL TUITION						PS	SCHOOL TUITION						PS						LEARN TO SWIM SCHEME							PS	PLS - M															
		5	PLS			SCHOOL TUITION						PS	SCHOOL TUITION						PS						LEARN TO SWIM SCHEME							PS	PLS - T															
	DEEP	4	PLS - T		PS	SCHOOL TUITION						PS	SCHOOL TUITION						L2S		SET UP - CLOSED				LEARN TO SWIM SCHEME						SET UP - CLOSED	HIGHLAND SWIM TEAM 1815-2015						SET UP - CLOSED	INVERNESS OCTOPUSH CLUB									
		3	PLS - F			SCHOOL TUITION						PS	SCHOOL TUITION						L2S			SET UP - CLOSED			LEARN TO SWIM SCHEME							SET UP - CLOSED	HIGHLAND SWIM TEAM 1815-2015						SET UP - CLOSED	INVERNESS OCTOPUSH CLUB								
		2	PLS - M			SCHOOL TUITION						PS	SCHOOL TUITION						L2S				SET UP - CLOSED		LEARN TO SWIM SCHEME								SET UP - CLOSED	HIGHLAND SWIM TEAM 1815-2015						SET UP - CLOSED	INVERNESS OCTOPUSH CLUB							
		1	PLS - S			SCHOOL TUITION						PS	SCHOOL TUITION						L2S					SET UP - CLOSED	LEARN TO SWIM SCHEME									SET UP - CLOSED	HIGHLAND SWIM TEAM 1815-2015						SET UP - CLOSED	INVERNESS OCTOPUSH CLUB						
FRIDAY	SHALLOW	8	PLS		PS	SCHOOL TUITION						PS	SCHOOL TUITION						L2S	SET UP - CLOSED					LEARN TO SWIM SCHEME						SET UP - CLOSED				LEARN TO SWIM SCHEME							SET UP - CLOSED	CANOE CLUB					
		7	PLS			SCHOOL TUITION						PS	SCHOOL TUITION						PS						LEARN TO SWIM SCHEME							PS			CANOE CLUB													
		6	PLS			SCHOOL TUITION						PS	SCHOOL TUITION						PS						LEARN TO SWIM SCHEME							PS	CANOE CLUB															
		5	PLS			SCHOOL TUITION						PS	SCHOOL TUITION						PS						LEARN TO SWIM SCHEME							PS	CANOE CLUB															
	DEEP	4	PLS - T		PS	SCHOOL TUITION						PS	SCHOOL TUITION						L2S		SET UP - CLOSED				LEARN TO SWIM SCHEME						SET UP - CLOSED	INVERNESS SWIMMING CLUB 1815-1945						SET UP - CLOSED	PLS									
		3	PLS - F			SCHOOL TUITION						PS	SCHOOL TUITION						L2S			SET UP - CLOSED			LEARN TO SWIM SCHEME							SET UP - CLOSED	INVERNESS SWIMMING CLUB 1815-1945						SET UP - CLOSED	PLS								
		2	PLS - M			SCHOOL TUITION						PS	SCHOOL TUITION						L2S				SET UP - CLOSED		LEARN TO SWIM SCHEME								SET UP - CLOSED	INVERNESS SWIMMING CLUB 1815-1945						SET UP - CLOSED	PLS							
		1	PLS - S			SCHOOL TUITION						PS	SCHOOL TUITION						L2S					SET UP - CLOSED	LEARN TO SWIM SCHEME									SET UP - CLOSED	INVERNESS SWIMMING CLUB 1815-1945						SET UP - CLOSED	PLS						
SATURDAY	SHALLOW	8	PS		SET UP - CLOSED	LEARN TO SWIM SCHEME						PS	LEARN TO SWIM SCHEME						SET UP - CLOSED	HIGHLAND SWIM TEAM						SET UP - CLOSED	CLOSED																					
		7	PS			LEARN TO SWIM SCHEME						PS	LEARN TO SWIM SCHEME							SET UP - CLOSED					HIGHLAND SWIM TEAM						SET UP - CLOSED	CLOSED																
		6	PS			LEARN TO SWIM SCHEME						PS	LEARN TO SWIM SCHEME												SET UP - CLOSED		HIGHLAND SWIM TEAM						SET UP - CLOSED		CLOSED													
		5	PS			LEARN TO SWIM SCHEME						PS	LEARN TO SWIM SCHEME														SET UP - CLOSED	HIGHLAND SWIM TEAM						SET UP - CLOSED	CLOSED													
	DEEP	4	CLOSED		SET UP - CLOSED	LEARN TO SWIM SCHEME						PS	LEARN TO SWIM SCHEME								SET UP - CLOSED					HIGHLAND SWIM TEAM						SET UP - CLOSED			CLOSED													
		3	CLOSED			LEARN TO SWIM SCHEME						PS	LEARN TO SWIM SCHEME									SET UP - CLOSED				HIGHLAND SWIM TEAM									SET UP - CLOSED	CLOSED												
		2	CLOSED			LEARN TO SWIM SCHEME						PS	LEARN TO SWIM SCHEME										SET UP - CLOSED			HIGHLAND SWIM TEAM							SET UP - CLOSED			CLOSED												
		1	CLOSED			LEARN TO SWIM SCHEME						PS	LEARN TO SWIM SCHEME											SET UP - CLOSED		HIGHLAND SWIM TEAM								SET UP - CLOSED		CLOSED												
SUNDAY	SHALLOW	8	PS		SET UP - CLOSED	LEARN TO SWIM SCHEME						PS	LEARN TO SWIM SCHEME						SET UP - CLOSED							HIGHLAND SWIM TEAM						SET UP - CLOSED				CLOSED												
		7	PS			LEARN TO SWIM SCHEME						PS	LEARN TO SWIM SCHEME							SET UP - CLOSED						HIGHLAND SWIM TEAM									SET UP - CLOSED	CLOSED												
		6	PS			LEARN TO SWIM SCHEME						PS	LEARN TO SWIM SCHEME												SET UP - CLOSED	HIGHLAND SWIM TEAM							SET UP - CLOSED			CLOSED												
		5	PS			LEARN TO SWIM SCHEME						PS	LEARN TO SWIM SCHEME													SET UP - CLOSED	HIGHLAND SWIM TEAM							SET UP - CLOSED		CLOSED												
	DEEP	4	CLOSED		SET UP - CLOSED	LEARN TO SWIM SCHEME						PS	LEARN TO SWIM SCHEME								SET UP - CLOSED						HIGHLAND SWIM TEAM									SET UP - CLOSED	CLOSED											
		3	CLOSED			LEARN TO SWIM SCHEME						PS	LEARN TO SWIM SCHEME									SET UP - CLOSED					HIGHLAND SWIM TEAM								SET UP - CLOSED		CLOSED											
		2	CLOSED			LEARN TO SWIM SCHEME						PS	LEARN TO SWIM SCHEME										SET UP - CLOSED				HIGHLAND SWIM TEAM						SET UP - CLOSED				CLOSED											
		1	CLOSED			LEARN TO SWIM SCHEME						PS	LEARN TO SWIM SCHEME											SET UP - CLOSED			HIGHLAND SWIM TEAM							SET UP - CLOSED			CLOSED											

DAY	LANE	0600	0630	0700	0730	0800	0830	0900	0930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730	1800	1830	1900	1930	2000	2030	2100	2130
KEY	PLS	PUBLIC LANE SWIMMING		L2S	Love to Swim																												
	T	TRAINING		ST	School Tuition																												
	S	SLOW																															
	M	MEDIUM																															
	F	FAST																															
	PS	PUBLIC SESSION		Wed & Fri 0830-0930																													
		Monday, Wednesday & Friday - 0600-0730 Pool Depth 2M Updated 29/01/24																															
		<ul style="list-style-type: none"> <li>During kids lessons Monday - Friday (1530 - 1830) Saturday (0900 - 1330) No lane will be available for public swimming. Wednesday's between 1200-1230 Adult &amp; Child Lesson in tank lanes 6-8.</li> <li>Lessons only run during term time, during Highland Council school holiday periods this space will revert to public use.</li> <li>Lanes marked as "PLS - T" are available for those wishing to use training aids such as fins and paddles; maximum of 5 swimmers at any one time allowed.</li> <li>Customers should note times may vary. Please check with reception for confirmation. Please check notice board for closures and restrictions. Shallow lane depth may vary.</li> </ul>																															