

Soup £3.95

- homemade soup of the day using local, seasonal vegetables served with a fresh bread roll

Soup & Traditional Sandwich or wrap £5.95

Soup & Specialty Sandwich or panini £6.25

Traditional Sandwiches

See display for today's selection From £3.95

Specialty Sandwiches (white or whole grain bread)

Bacon, Lettuce and Tomato £4.75

Classic brie and cranberry £4.00

Roast sliced chicken breast with stuffing £4.25

Wraps

See display for today's selection from £4.25

Paninis

Sweet chili chicken and leaves £3.95

Cajun chicken and rocket £3.95

Tuna and sweetcorn £3.95

Salad boxes

See display for today's selection from £5.25

Various

Yoghurt from £0.75

Piece of fresh fruit/ fruit pot from £0.75

Glass of milk £1.00

Chunky chips / curly fries/ sweet potato fries £2.50

Mixed salad with BITE dressing £1.95

All our soups are homemade, gluten free and are suitable for vegetarians.

We do have a selection of other gluten free food.

If you have allergies and have any concerns about a dish's contents please ask one of our team.

Bite burgers

juicy 100% beef quarter pound burgers served in a brioche bun

The Classic – on its own	£5.95
Cheese please – topped with Monterey Jack	£6.50
Get back – with back bacon, topped with Monterey Jack	£6.95
The Swiss – with sliced mushrooms, topped with Swiss Cheese	£6.95
Hot and spicy- with jalapenos, topped with Monterey Jack	£7.25
Big Bad Bite – <i>tackle this bad boy if you dare</i>	£9.95
- two 100% beef quarter pounders with bacon, black pudding and Monterey Jack	
Add chunky chips, curly fries or sweet potato fries	£2.50

The others

Cajun chicken burger – chicken breast roasted in Cajuns spices and served in a brioche bun with sweet chili mayo and leaves	£7.95
Veggie burger – crispy crumb burger served in a brioche bun	£5.95
Macaroni and Cheese – everyone’s favourite - served with garlic bread	£7.95
Penne Arrabbiata – penne pasta with chorizo in a spicy tomato sauce	£7.95
Lasagne – home made and served with garlic bread and side salad	£7.95
Chicken goujons – served with sweet potato fries	£7.95

Baked tatties

Choose from cheese, baked beans, tuna	£5.50
Add an extra filling	£0.75
Add a mixed salad with BITE dressing	£1.95

All our soups are homemade, gluten free and are suitable for vegetarians.

We do have a selection of other gluten free food.

If you have allergies and have any concerns about a dish’s contents please ask one of our team.

Breakfast – all day every day

The BIG One – bacon, egg, sausage, black pudding, tattie scone, beans	£7.95
The WEE one – two rashers of bacon and two eggs	£5.95
The EGGY one – three eggs, fried, scrambled or poached served on white or brown toast	£6.95
The FRENCH one – French toast with crispy bacon and maple syrup	£5.95
Add toast	£1.00
Toast with butter and jam, honey or peanut butter	£1.50

Breakfast rolls

Bacon or sausage or black pudding,	£2.00
Add and egg	£1.00



09.00-20.00

09.00 – 17.00

is open seven days a week

Monday to Friday

Saturday and Sunday

We also love to host children's birthday parties at Inverness Leisure, please see our website for details or ask at reception.

All our soups are homemade, gluten free and are suitable for vegetarians.

We do have a selection of other gluten free food.

If you have allergies and have any concerns about a dish's contents please ask one of our team.