

Health and Wellbeing Privacy Notice

- **Purpose**

Cardiac Rehabilitation Online

- **Description**

We offer people affected by a cardiac event the opportunity to participate in Cardiac Rehabilitation Online, as part of the services offered by High Life Highland. We require personal and sensitive information in order to deliver exercise activities that meet their needs.

Classes are delivered via Facebook Live, please consider your Facebook Privacy settings.

- **If you do not give us your information**

If personal details are not provided, we are unable to allow participation.

- **Conditions for processing personal information**

Consent – (1) (a) - we require information about you and your health, as provided by NHS Highland, in a Cardiac Rehabilitation referral form and also on a weekly basis as provided verbally by you in the online class, to ensure the activities are safe and suitable for you.

- **Your rights**

- o Access to personal data
- o Amendments to your data
- o Removal of your personal data
- o Change the way we process your personal data

[Find out more about your rights](#)

- **How to withdraw consent**

If you wish for your personal information to be removed from our records, please email DPO@highlifehighland.com

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- **Who we share your information with**

In the event of an emergency we may share your information with NHS Highland.

For a list and more information on third party processors please visit:

www.highlifehighland.com/GDPR/DataProcessors

- **How long we hold your information**

Your information will be held for 12 months following the completion of the Cardiac Rehabilitation Online programme.

- **Data controller**

The data controller is High Life Highland

- **Data Protection Officer**

Contact our Data Protection Officer:

Data Protection Officer,
Highland Council Headquarters,
Glenurquhart Road,
Inverness,
IV3 5NX,
01463 702029,

DPO@highlifehighland.com

- **Supervisory authority**

If you are unhappy with the way we have processed your personal information you can contact the Information Commissioner:

Information Commissioner's Office,
Wycliffe House,
Water Lane,
Wilmslow,
Cheshire,
SK9 5AF,
Tel: 0303 123 1113
<https://ico.org.uk/global/contact-us/>