



Gairloch Leisure Centre

Activity Programme & Timetable: 28th of October - 17th of November



Email: Gairloch.leisureCentre@highlifehighland.com

Tel: 01445 712345

Gairloch Leisure Centre
Achtercairn
Gairloch
Ross-shire
IV21 2BP



**Wellbeing Hour,
£1 entry!**

Monday 16:00—17:00

Friday 17:00—18:00

Saturday 13:00—14:00

GLC Opening Times

Monday	16:00—21:30
Tuesday	17:00—21:30
Wednesday	
Thursday	
Friday	14:00—21:30
Saturday	10:00—16:00
Sunday	

Climbing Wall Times

Monday	16:00—20:00*
Tuesday	17:00—21:15*
Wednesday	17:00—20:15*
Thursday	19:00—21:15*
Friday	15:00—21:15*
Saturday	10:00—15:45*
Sunday	

**Last entry to the Leisure Centre
must be 30 minutes before the
closing time.**

**[#] Age 12+, on the condition that
under 15's are accompanied by a
responsible adult.**

**Booking for classes permitted 1
week in advance.**

[~] Subject to availability.

Please phone to check.

01445 712345

**[*] Access subject to Conditions of
Use.**

**Call for details. E.g. registration,
essential must be adult
competent climber.**

High Life Highland registered office
12/13 Ardross Street Inverness IV3 5NS.
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Charity. No. SCO42593

	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30
Monday					Courts Available~				FB—X#	Indoor Cycling#		Indoor Football Age15—Adults				CLOSED FROM 21:30
									Courts Available~							
Tuesday							Courts Available~				Social Climbing* Age 14—Adults					
											Body Conditioning#		SI2B Age 12—Adults			
Wednesday							Courts Available~	Game Fit#	Martial Arts			Basketball Age 15—Adults				
									Indoor Cycling#							
Thursday							Courts Available~	Archery Age 9—Adults		Social Climbing* Age 14—Adults						
														Courts Available~		Courts Available~
										Spinning						
Fri	Active Schools Program				Courts Available~		Freestyle Free Weights 16+		Legs, Bums & Tums#		Courts Available~					
			10:00	11:00	12:00	13:00	14:00	15:00	16:00							
Sat			Courts Available~											Family Fun Age 0—12	CLOSED FROM 16:00	
Sun			Family Fun Age 0—12					Courts Available~								