



At Gairloch Leisure Centre we aim to be as inclusive as possible, therefore this page has been specifically created to offer information and advice to customers who may find having knowledge of our changing and showering facilities of benefit before visiting the centre.

#### **Changing** – sports halls & Fitness room.

As the sports centre is of a slightly older architectural design, the changing facilities are of a gender-specific communal layout. Both the male and female changing rooms are open plan layout and do offer individual cubicles for changing.

Each of the male and female changing rooms have toilet and shower areas. The male showers have individual cubicles, as too do the female showers.

Lockers are located within the male changing rooms on the right and the on the left in the female changing rooms. Both operate with a refundable 20p coin.

#### **Charges for changing & showering**

The showering and changing facilities are free when used with one of the activities offered at Gairloch Leisure Centre, however charges apply for individuals and non-members wishing to use the facility solely for changing/showering.

#### **Further pre-visit information**

We hope the details on this page of the website offers sufficient information to customers looking to find out about Gairloch Leisure Centre's changing and showering facilities. However, if any customer requires additional information or would like to have a tour around the whole facility including the changing/showering areas before visiting, this can be arranged by calling 01445 712345 and asking to speak to the Supervisor.