

The Fingal Centre, Portree - Pool Programme

Monday 5th January – Sunday 11th January 2026

Timetable will change from Monday 12th January

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|------------------|------------------------|--|---|----------------------------|---|------------------------------|--------------------------|------------------------|--------------------------|
| Monday 5th | 7.00 9.30 Lane Swim | 10.00 11.00 Family Friendly (Raised floor only) | 11.30 1.15 Open Swim | 1.15 2.00 Aquacise | 2.00 3.30 Adults Only | | 4.00 5.00 Fun Session | 5.30 9.00 Open Swim | |
| Tuesday 6th | 7.00 9.30 Lane Swim | 10.00 11.00 Family Friendly (Raised floor only) | 11.30 2.00 Open Swim | | 2.00 3.00 Additional Support Swimming | | 4.00 5.00 Fun Session | 5.30 8.00 Open Swim | 8.00 9.00 Adults Only |
| Wednesday 7th | 7.00 9.30 Lane Swim | 10.00 11.00 Family Friendly (Raised floor only) | 11.30 2.00 Open Swim | | CLOSED STAFF TRAINING | | 4.00 6.15 Open Swim | 6:15 7:00 Aquacise | 7.00 9:00 Open Swim |
| Thursday 8th | 7.00 9.30 Lane Swim | 10.00 11.00 Family Friendly (Raised floor only) | 11.30 2.00 Open Swim | | 2.00 2.45 Aquacise | | 4.00 5.00 Fun Session | 5.30 9.00 Lane Swim | |
| Friday 9th | 7.00 9.30 Lane Swim | 10.00 11.00 Family Friendly (Raised floor only) | 11.30 2.00 Open Swim | | 2.15 3.00 Family Friendly (Raised floor only) | 3.30 4.30 Fun Session | 5.00 7.00 Open Swim | | |
| Saturday 10th | | 9.00 10.00 Open Swim | 10.15 11.15 Family Friendly (Raised floor only) | 11.45 12.45 Fun Session | 1.15 2.15 Additional Support Swimming | 2.15 4.00 Open Swim | | | |
| Sunday 11th | | | 10.00 11.15 Lane Swim | | 11.30 12.30 Fun Session | 1.00 2.00 Family Friendly | 2.30 4.00 Open Swim | | |

Booking online for Family Friendly, Fun Session and Fitness Classes (Aquacise) is still required.



Floats and toys available

STANDARD ADMISSION POLICY

Children aged 0-3 years must be accompanied by an adult on a 1:1 basis.

Children aged 4-7 must be accompanied by an adult on a ratio of 1 adult: 2 children

Open Swim

All ages and abilities welcome. Standard admission policy applies

Family Friendly

Raised floor. Change to admission policy 1 adult: 2 children (0-7 years). Admission to this session must include a child less than 8 years. All those attending must book online or by phone.

Fun Session

Family fun swim for all age groups. Standard admission policy applies.

The Fingal Centre | Viewfield Road, Portree IV51 9ET | TEL: 01478 614819