

The Fingal Centre, Portree - Pool Programme

Monday 5th January – Sunday 11th January 2026

Timetable will change from Monday 12th January

Monday 5th	7.00 9.30	10.00 11.00 Lane Swim	Family Friendly (Raised floor only)	11.30 1.15	1.15 2.00	2.00 3.30		4.00 5.00	5.30	9.00
				Open Swim	Aquacise	Adults Only		Fun Session	Open Swim	
Tuesday 6th	7.00 9.30	10.00 11.00 Lane Swim	Family Friendly (Raised floor only)	11.30	2.00	2.00 3.00	Additional Support Swimming	4.00 5.00	5.30	8.00 9.00
				Open Swim			Fun Session	Open Swim	Adults Only	
Wednesday 7th	7.00 9.30	10.00 11.00 Lane Swim	Family Friendly (Raised floor only)	11.30	2.00		CLOSED STAFF TRAINING	4.00 6.15	6:15 7:00	7.00 9:00
				Open Swim			Open Swim	Aquacise	Open Swim	
Thursday 8th	7.00 9.30	10.00 11.00 Lane Swim	Family Friendly (Raised floor only)	11.30	2.00	2.00 2.45	Aquacise	4.00 5.00	5.30	9.00
				Open Swim			Fun Session	Lane Swim		
Friday 9th	7.00 9.30	10.00 11.00 Lane Swim	Family Friendly (Raised floor only)	11.30	2.00	2.15 3.00	Family Friendly (Raised floor only)	3.30 4.30	5.00 7.00	
				Open Swim			Fun Session	Open Swim		
Saturday 10th		9.00 10.00 Open Swim	10.15 11.15 Family Friendly (Raised floor only)	11.45 12.45 Fun Session	1.15 2.15	Additional Support Swimming	2.15	4.00		
							Open Swim			
Sunday 11th			10.00 11.15 Lane Swim	11.30 12.30 Fun Session	1.00 2.00	Family Friendly	2.30 4.00 Open Swim			

Booking online for Family Friendly, Fun Session and Fitness Classes (Aquacise) is still required.



Floats and toys available

STANDARD ADMISSION POLICY

Children aged 0-3 years must be accompanied by an adult on a 1:1 basis.

Children aged 4-7 must be accompanied by an adult on a ratio of 1 adult: 2 children

Open Swim

All ages and abilities welcome. Standard admission policy applies

Family Friendly

Raised floor. Change to admission policy 1 adult: 2 children (0-7 years). Admission to this session must include a child less than 8 years. All those attending must book online or by phone.

Fun Session

Family fun swim for all age groups. Standard admission policy applies.

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