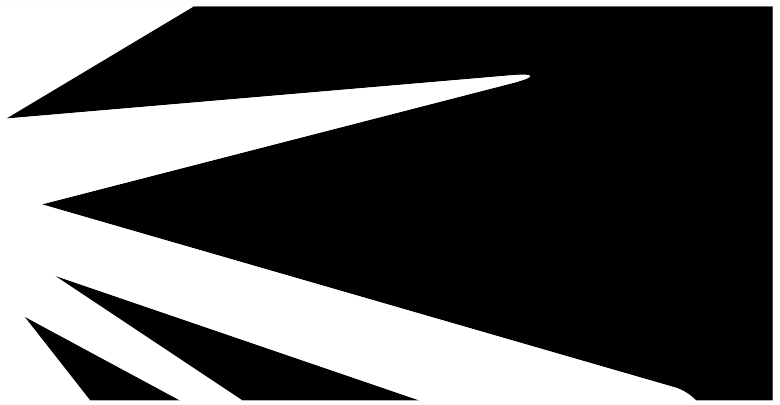




At East Caithness Community Facility we aim to be as inclusive as possible, therefore this page has been specifically created to offer information and advice to customers who may find having a knowledge of our changing and showering facilities of benefit before visiting the centre.

We are delighted to be recognised by the Changing Places campaign

Changing Places are different to standard disabled toilets with extra features and more space to meet the needs of any customer.

East Caithness Community Facility have provided specific changing areas for our customers who might need more assistance than others to get changed

Within the areas we have provided

- a height adjustable adult-sized changing bench
- a tracking hoist system
- a shower
- adequate space in the changing area for the disabled person and up to two carers
- a centrally placed toilet with room either side for the carers
- a large waste bin for disposable pads
- The changing places area is located in the wetside changing area near the far end of the changing village just before the shower block.

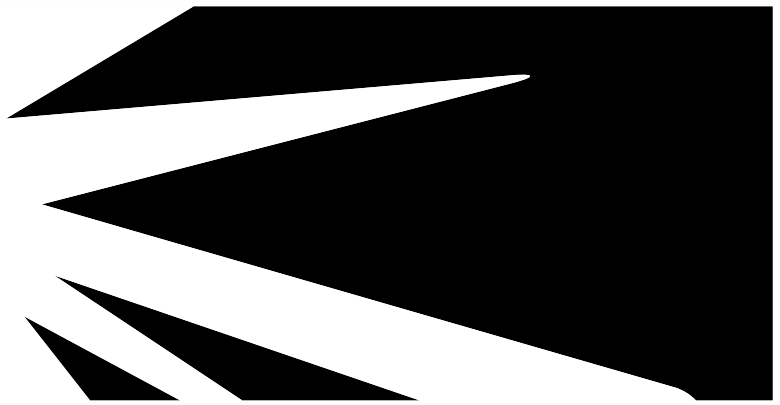
Wetside Changing – swimming pools and health suite (sauna, steam):

Customer changing facilities for the pools and health suite are of a modern 'changing village' layout with no gender specific areas. The set-up means that pool and health suite users can access individual private cubicles for changing before and after bathing.

In the main, showering facilities in the wetside are of a communal nature simply offering customers a 'rinse down' and where swimwear should still be worn.

Lockers are located throughout the Changing Village and operate on a £1.00 coin deposit.

Dryside changing – Fitness Suite



As with the wetside changing facility this is a communal changing area with 2 enclosed showers and 2 enclosed changing cubicles.

Lockers in the dryside changing area are located within the changing room and operate on a £1.00 coin deposit.

Dryside changing – Campus Sports Halls

There are several changing facilities which can be utilised when using the sports halls. There are indoor and outdoor changing facilities within the Campus which offer enclosed shower cubicles. These can be used by teams or individuals when booked in advance.

Charges for changing & showering

The showering and changing facilities are obviously free when taken along with one of the activities offered at East Caithness Community Facility, however charges apply for individuals and non-members wishing to use the facility solely for changing/showering.

Towels and costumes can be bought from main reception.

Further pre-visit information

We hope the details on this page of the website offers sufficient information to customers looking to find out about East Caithness Community Facilities changing and showering facilities. However, if any customer requires additional information or would like to have a tour around the whole facility including the changing/showering areas before visiting, this can be arranged by calling 01955 609709 and asking to speak to the Supervisor.

