

Swimming Pool Opening Times			Sessions that must be booked in advance are marked with a *
Monday	Lane Swimming*	7:15am - 8:30am	Maximum 16 swimmers
	Aqua Aerobics*	8:45am - 9:30am	Maximum 20 spaces
	Open Swimming	12:30pm - 2:00pm	Lane Available
	AquaFit	7:00pm—7:45pm	Maximum 20 spaces
	Open Swimming	8:00pm - 9:00pm	Lane Available
Tuesday	Lane Swimming*	6:30am - 7:30am	Maximum 16 swimmers
	Lane Swimming*	7:30am—8:30am	Maximum 16 swimmers
	Open Swimming	1:00pm—2:00pm	Lane Available
	Open Swimming	7:30pm - 9:00pm	Lane Available
Wednesday	Senior Swim	8:45am - 9:30am	Maximum 16 swimmers
	Open Swimming	12:30pm—2:00pm	Lane Available
	AquaFit	7:15pm—8:00pm	Maximum 20 spaces
	Open Swimming	8:00pm - 9:00pm	Lane Available
Thursday	Lane Swimming	6:30am - 7:30am	Maximum 16 swimmers
	Lane Swimming	7:30am—8:30am	Maximum 16 swimmers
	Aqua Aerobics*	9:30am-10:15am	Maximum 20 spaces
	Aqua Aerobics*	10:30am-11:15am	Maximum 20 spaces
	Open Swimming	12:30pm - 2:00pm	Lane Available
	Open Swimming	7:30pm - 9:00pm	Lane Available
Friday	Lane Swimming*	7:15am - 8:30am	Maximum 16 Swimmers
	Kids Fun Session*	7:00pm - 7:45pm	For Ages 8 - 11 only
Saturday	Family Splash Session*	9:00am - 9.45am	Maximum 5 Families
	Family Splash Session*	10:00am - 10:45am	Maximum 5 Families
	Family Open Session	11:00am - 11:45am	Maximum 20 swimmers
	Open Swimming	12:00pm - 12:45pm	Lane Available
Sunday	Family Splash Session*	9:00am - 9.45am	Maximum 5 Families
	Family Splash Session*	10:00am - 10:45am	Maximum 5 Families
	Family Open Session	11:00am - 11:45am	Maximum 20 swimmers
	Open Swimming	12:00pm - 12:45pm	Lane Available

All-Inclusive Membership		
Membership	Annual Payment	Monthly Payment
Family	£515.88	£42.99
Individual	£347.88	£28.99

\*High Life Highland is a company limited by guarantee registered in Scotland No. SC407011 and is a registered Scottish Charity No. SC042593.



## Activity Programme and Information

### Craig Maclean Leisure Centre

27th October—23rd December 2025

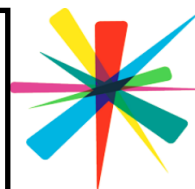


#### Opening Times

Mon/Weds/Fri—7:15am-10:00pm\*

Tues & Thurs—6:30am—10:00pm\*

Weekends - 9:00am—1:00pm



Contact us: Craig Maclean Leisure Centre, Cromdale Road,  
Grantown on Spey, PH26 3HU  
Phone us: 01479 870281  
Email us: craigmaclean.leisure@highlifehighland.com  
Website: www.highlifehighland.com

Programme may be subject to change. For up to date info like us

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Dryside Kids Activities				
Day	Activity	Time	Age	Activity Code
Monday	Ball Sports	4:00pm—4:50pm	4-11 yrs	ACT003303
Tuesday	Adult & Child * Swimming lessons	9:15am 9:45am 10:45am 11:15am	Babies to 3yr olds	Bookable at Reception
Wednesday	Family Volleyball	8:15pm—9:15pm	11 yrs +	Bookable at reception
Thursday	Mini Kickers	4:00pm—4:30pm	3– 5 yrs	ACT003304
Friday	Soft Play	3:00pm—4:00pm	6mths—6yrs	ACT003305
Friday	Multi Sports	3:00pm—4:00pm	4 –11 yrs	ACT003306
Friday	Fusion	7:30pm—9:00pm	S1 – S6	ACT003307
All Dry-side kids activities bookings go live <b>Friday 24th October</b> & start the week commencing <b>Monday 27th October</b> To book your child a space into a Dry-side activity please visit: <a href="https://booking.hIGHLIFEhighland.com">https://booking.hIGHLIFEhighland.com</a> (excluding activities stating book at reception)				

### Learn to Swim

[Learn to Swim & Adult and Child lessons](#)  
[New Term starts the week of 27th October for an 8 week block](#)

Due to an extended waiting list, **ALL** unpaid swimming lessons **MUST** be paid for by the end of the first week at reception or over the phone.

Climbing wall	
Saturday & Sunday	10.30am-12.45pm

Badminton & Tennis Sessions available please ring reception for available slots.

Adult Fitness Classes		To book classes: <a href="https://summer.hIGHLAND.gov.uk">https://summer.hIGHLAND.gov.uk</a>	
Day	Class	Time	Duration
Monday	Fit Plus	7:45am	45mins
	Aqua Aerobics	8:45am	45mins
	Circuits Spin	5:15pm	45mins
	Boxing Circuits	6:00pm	55mins
	Thai Boxing - Grappling	7:00pm	55mins
	AquaFit	7:00pm	45mins
Tuesday	HYROX	6:30am	45mins
	Les Mills Pilates	7:30am	45mins
	Tai Chi— Grantown Library	9:00am	55mins
	Circuits	6:00pm	55mins
	Indoor Cycling	7:00pm	30mins
Wednesday	Fit Plus	7:45am	45mins
	Dynamic Wellbeing -Grantown Library	10.30am	60mins
	Pump	6:00pm	50mins
	Yoga	7:05pm	60mins
Thursday	AquaFit	7:15pm	45mins
	HYROX	6:30am	45mins
	Aqua Aerobics	9:30am	45mins
	Aqua Aerobics	10:30am	45mins
	Cross-Training	6:00pm	55mins
Friday	Les Mills Pilates	7:00pm	45mins
	Fit Plus	7:45am	45mins
	Yoga	5:45pm	60mins
Saturday	Circuits	9:30am	45mins
Sunday	Walking Football	9:05am	55mins

Pay As You Go			
Activity	Standard	Concession	Budget
Classes/Activities	£8.55	£5.15	£0.50
Fitness Suite	£9.75	£5.80	£0.50
Racquet Sports	£7.30	£4.60	£0.50
Shower	£4.00	£2.35	£0.50
Swim Session	£8.55	£5.15	£0.50
Swim Lessons	£13.40	£7.90	£0.50