

The Craig MacLean Leisure Centre

At The Craig MacLean Leisure Centre we aim to be as inclusive as possible, therefore this page has been specifically created to offer information and advice to customers who may find having knowledge of our changing and showering facilities of benefit before visiting the centre.

CMLC have provided specific changing areas for our customers who might need more assistance than others to get changed

Within the areas we have provided:

- a height adjustable adult-sized changing bench
- a tracking hoist system
- a shower
- adequate space in the changing area for the disabled person and up to two carers
- a centrally placed toilet with room either side for the carers
- a screen to allow the disabled person and carer some privacy
- wide tear off paper roll to cover the bench
- a large waste bin for disposable pads
- a large set of lockers

Wetside Changing – swimming pool

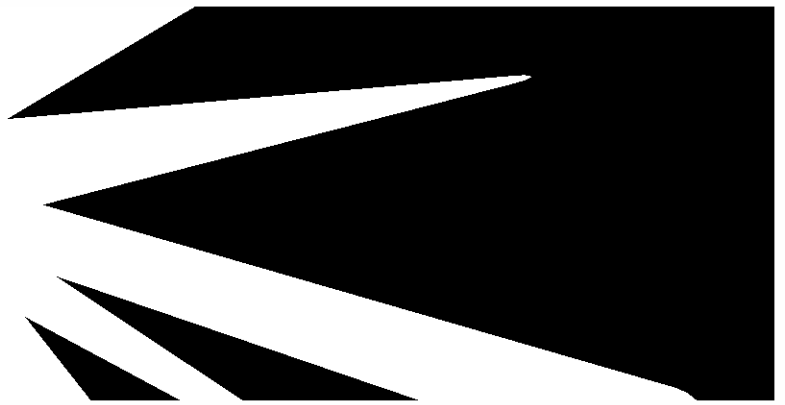
In the main, showering facilities in the wetside are of a communal nature simply offering customers a 'rinse down' and where swimwear should still be worn. Private showering is available and can be accessed by simply asking a member of our team.

Group changing rooms are also available for use by visiting clubs, groups and organisations. Lockers are located throughout the Changing Village and operate on a £1 deposit

Dryside changing – sports halls, gym, studio, climbing wall

As the sports centre is of a slightly older architectural design, the changing facilities are of a gender-specific communal layout. Both the male and female changing rooms are open with a number of private changing facilities therein. During School opening hours there are 4 private changing cubicles, which include showers.

Each of the male and female changing rooms lead off to their respective shower rooms. The male and female showering is communal with three private showering facilities available in each.



Lockers in the dryside are located within both the changing rooms as well as in the communal access areas through the sports centre and operate on a 20p deposit.

Charges for changing & showering

The showering and changing facilities are obviously free when taken along with one of the activities offered however charges apply for individuals and non-members wishing to use the facility solely for changing/showering.

Towels and costumes can be purchased from main reception.

Further pre-visit information

We hope the details on this page of the website offers sufficient information to customers looking to find out about The Craig MacLean Leisure Centre changing and showering facilities. However, if any customer requires additional information or would like to have a tour around the whole facility including the changing/showering areas before visiting, this can be arranged by calling 01479 870281 and asking to speak to the Duty Officer.