



At Black Isle Leisure Centre we aim to be as inclusive as possible, therefore this page has been specifically created to offer information and advice to customers who may find having knowledge of our changing and showering facilities of benefit before visiting the centre.

Black Isle Leisure Centre has provided a specific changing area for our customers who might need more assistance than others to get changed.

Within this area we have provided

- A shower
- Adequate space in the changing area for the disabled person and up to two carers
- A lockable door to allow the disabled person and carer some privacy
- A large waste bin for disposable pads
- An emergency alarm
- A non-slip floor

The changing area is located half way down the corridor, opposite the sports hall entrance.

Dryside changing – sports halls, gym, studio.

The sports centre has separate male, female and disabled changing areas. Both the male and female changing rooms are communal.

Each of the male and female changing rooms contains respective shower rooms. The male showering is communal with two cubicles also available, while the female showers consist of 4 cubicles.

Lockers are located within both the changing rooms and are free of charge. Please ask for a locker key at reception.

Charges for changing & showering

The showering and changing facilities are obviously free when taken along with one of the activities offered at Black Isle Leisure Centre however charges may apply for individuals and non-members wishing to use the facility solely for changing/showering.

Further pre-visit information

We hope the details on this page of the website offers sufficient information to customers looking to find out about Black Isle Leisure's changing and showering facilities. However, if any customer requires additional information or would like to have a tour around the facility including the changing/showering areas before visiting, this can be arranged by calling 01381 621252 and asking to speak to the Supervisor.