



Aviemore Community Centre

At Aviemore Community Centre we aim to be as inclusive as possible, therefore this page has been specifically created to offer information and advice to customers who may find having knowledge of our changing and showering facilities of benefit before visiting the centre.

ACC have provided specific changing areas for our customers who might need more assistance than others to get changed

Within the areas we have provided:

- a shower
- adequate space in the changing area for the disabled person and up to two carers
- a centrally placed toilet with room either side for the carers
- a screen to allow the disabled person and carer some privacy
- wide tear off paper roll to cover the bench
- a large waste bin for disposable pads
- a large set of lockers

Dryside changing – sports halls, gym, studio

As the sports centre is of a slightly older architectural design, the changing facilities are of a gender-specific communal layout. Both the male and female changing rooms are open with a number of private changing facilities therein. There are 4 private showers and 2 private changing facilities in both male and female.

Lockers in the dryside are located within both the changing rooms as well as in the communal access areas through the sports centre and operate on a £1 deposit.

Charges for changing & showering

The showering and changing facilities are obviously free when taken along with one of the activities offered however charges apply for individuals and non-members wishing to use the facility solely for changing/showering.

Towels not provided

Further pre-visit information

We hope the details on this page of the website offers sufficient information to customers looking to find out about Aviemore Community Centre changing and showering facilities. However, if any customer requires additional information or would like to have a tour around the whole facility including the changing/showering areas before visiting, this can be arranged by calling 01479 813140 and asking to speak to the Duty Officer.