

TEEN GYM SESSIONS

3 SESSIONS ON PER WEEK



11—15 Years

Mon Wed Thurs
4—5pm

Induction Required

Parental consent
required

Spaces to be booked
in advance



Enquiries QR
to Email:

Booking for HLH activities: <https://booking.highlifehighland.com>
Tel. 01349 781 751
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