



highlife
highland
na Gàidhealtachd

Youth Work in the Ullapool area

October 2016 – March 2017

THE BIG HEADLINES



Youth Work is educational and it's fun

It's an empowering process where young people

- Learn new things about themselves and others
- Improve their confidence and self-belief
- Can express themselves without judgement
- Become more open and accepting of those who are different to them
- Are encouraged and supported to try and make differences to things that matter to all young people



Key numbers for the period

The Ullapool youth team has had 536 meaningful contacts with young people

In total there were 1095 hours of engagement

All this was delivered on 116 separate occasions.

And took place in Ullapool, Lairg, Lochinver & Dingwall

4 awards have been gained which recognises the variety of achievements going on

STORIES: DIFFERENCES: and THE FUTURE

Projects

Working with the Scottish Health Council in the Strengthening the Voice of young people. We have a very active group who are keen to break down barriers around health services for young people.

Through the youth work participation model we use we now have 20 young people on the youth forum. The group organise and plan meetings every Wednesday lunch time and alternate Wed and Thursday after School. They are working hard on the youth space plans and what matters in the areas they all live. It is a very large area including young people from Stoer to Dundonnell.

We are delighted to have Helen Ross elected for Scottish Youth parliament and also Evie May who has been elected in Dundee. Both have come through the Ullapool Youth Forum and went onto Highland Youth Parliament and now SYP. We also have Carla Lees who got elected onto Highland Youth Parliament for the School and in the last few months she has been elected to Exec and then elected to Vice chair of Highland Youth Parliament. Carla is also very active in local forum and has been since first year.

- The pictures top left: Helen Ross, top right: Carla Lees when elected as Exec for Ross and Cromarty along with a young person from Invergordon. bottom left: The group from Ullapool youth forum representing the area at Scottish health councils conference in Glasgow, bottom right: Some of the Ross & Cromarty youth forum when they had their residential in Ullapool in November

Quotes: ' Getting involved in the youth forum has given me confidence and I enjoyed getting to go to Glasgow to represent the area'



WHAT'S COMING UP

In the coming months local young people

- Will represent their area at the summer Highland Youth Parliament conference which this year will be held at the UHI campus in Inverness.
- Will be asked to engage with the Skye, Lochalsh & Wester Ross Community Partnership. This is the group of senior representatives from Education (Care and Learning), Health, the Third Sector, Enterprise and the Emergency Services who are all committed to involving communities to help improve local services
- Will take part in a Highland wide survey of youth work delivered by High Life Highland
- Will be able to participate in summer holiday activities including FUSION events
- Will continue to have opportunities to develop personal and social skills and be actively recognised for any achievements
- More dedicated youth work provision in Assynt
- Research groups going to Elgin and Skye and sustainable youth spaces

CONTACT INFORMATION

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