

# Youth Work in the Kinlochbervie area

October 2016 - March 2017

### THE BIG HEADLINES



Kinlochbervie pupils alongside pupils from other Sutherland Schools at the Highland youth parliament area conference.

Youth Work is educational and it's fun

It's an empowering process where young people

- Learn new things about themselves and others
- Improve their confidence and self-belief
- Can express themselves without judgement
- Become more open and accepting of those who are different to them
- Are encouraged and supported to try and make differences to things that matter to all young people



Kinlochbervie pupil enjoying the CITB simulator

Key numbers for the period

The Kinlochbervie youth team has had 460 meaningful contacts with young people.

In total there were 817 hours of engagement

All this was delivered on 97 separate occasions.

These mainly took place in the Kinlochbervie area.

3 awards have been gained which recognises the variety of achievements going on.

## STORIES: DIFFERENCES: and THE FUTURE

#### **Saltire Awards**

Since October we have worked hard to ensure that every young person has been involved in registering and participating in Saltire awards. We continue to encourage all young people to register for Saltire and we offer lunchtime drop in sessions for anyone wishing to update hours that they have spent volunteering in their communities. Over the next few months S4 year group will be involved in a Challenge award to raise money for RNLI.

Sutherland Youth Forum and Highland Youth Parliament Representatives from Kinlochbervie High school meet bimonthly to discuss issues that face young people growing up in Sutherland. This is a good example of young people starting to be involved in local democracy and an introduction to politics. At an area youth conference one young person from Kinlochbervie stood for election to undertake a role within the Highland Youth Parliament representative, he was successfully elected.

#### High Life Highland Youth Leadership Awards

Over the last 6 months we have introduced the HLH Youth Leadership awards. We currently have 1young person participating and we are hoping that over time we can encourage more young people to get involved.

#### **Youth Portacabin**

This is a great venue for the young people to come and chill out. The Portacabin is open on a Thursday evening for 2 hrs and offers a neutral place that is very relaxed and encourages young people to participate in non-curricular activities. They also have the opportunity to use the Astroturf pitch for ball games.

In February young people as part of Developing Young Workforce attended a careers event in Dornoch and enjoyed a tour around UHI Burghfield Campus.

#### WHAT'S COMING UP

In the coming months local young people

- Will represent their area at the summer Highland Youth Parliament conference which this year will be held at the UHI campus in Inverness.
- Will be asked to engage with the Sutherland Community Partnership. This is the group of senior representatives from Education (Care and Learning), Health, the Third Sector, Enterprise and the Emergency Services who are all committed to involving communities to help improve local services
- Will take part in a Highland wide survey of youth work delivered by High Life Highland
- Will be able to participate in summer holiday activities including FUSION events
- Will continue to have opportunities to develop personal and social skills and be actively recognised for any achievements
- The P7's are busy building their Goblin Car ready for Race day in June where they will compete with against school's from all over Scotland.
- The team will also continue to promote and develop the Youth Forum with some new projects.

#### **CONTACT INFORMATION:**

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