

Youth Work in the Inverness Royal Academy area

October 2016 - March 2017

THE BIG HEADLINES



Youth Work is educational and it's fun

It's an empowering process where young people

- Learn new things about themselves and others
- Improve their confidence and self-belief
- Can express themselves without judgement
- Become more open and accepting of those who are different to them
- Are encouraged and supported to try and make differences to things that matter to all young people



Key numbers for the period

The Inverness Royal Academy youth team has had 2,616 meaningful contacts with young people

In total there were 5,858 hours of engagement

All this was delivered on 235 separate occasions.

And took place in the Inverness Royal Academy Sport Centre, Drummond school & Hilton Community Centre

14 awards have been gained which recognises the variety of achievements going on

STORIES: DIFFERENCES: and THE FUTURE

Projects

Inclusive Fusion

Partnership working with Scottish Disability sport. Inclusive fusions increase a greater variety of opportunities for young people with complex needs or learning disabilities.

They promote community inclusion and improve the wellbeing of disabled children and YP through improved access to positive and inclusive activities enabling them to have new and exciting experiences. Activities range from circus skills to healthy snacks.

Library Project

Delivered in partnership with the Inverness Royal Academy, HLH library. YP come along on Thursday lunch times and have been developing their films making skills, developing confidence & peer mentoring skills as well and working towards a Bronze Youth Achievement Award. YP will take part in other future challenges, such as shared reading and volunteering at book bug sessions.

Improving Life and Literacies through Cookery

Young people learn life skills and develop competencies in both literacy and numeracy through cookery. Classes enable young people to develop essential cookery skills and to have the confidence to prepare healthy meals at a low cost. Young people demonstrate how their own cooking capabilities are developing by working towards a Youth Achievement award.

Quotes

"It has been great working in partnership with Youth work to run the Inclusive Fusion Events in Inverness after a successful pilot of this in Dingwall last year. We held one at Drummond School In January this year and was a great success. I am looking forward to working in partnership with the youth team again to offer more Inclusive Fusion Events in the area". Fiona Green, Disability Sports Development Officer.

"I have enjoyed learning about film making skills with my friends" Young Person.

WHAT'S COMING UP

In the coming months local young people

- Will represent their area at the summer <u>Highland</u> <u>Youth Parliament</u> conference which this year will be held at the UHI campus in Inverness.
- Will be asked to engage with the Inverness Community Partnership. This is the group of senior representatives from Education (Care and Learning), Health, the Third Sector, Enterprise and the Emergency Services who are all committed to involving communities to help improve local services
- Will take part in a Highland wide <u>survey of youth work</u> delivered by High Life Highland
- Will be able to participate in summer holiday activities including FUSION events
- Will continue to have opportunities to develop personal and social skills and be actively recognised for any achievements
- Will take part in First aid Education workshops delivered by the British Red Cross
- Girls fitness group will share new experiences with their peers and be part of the Inverness Race for Life, taking part in the 5K event

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