



highlife
highland
na Gàidhealtachd

Youth Work in the Dornoch area

October 2016 – March 2017

THE BIG HEADLINES



Young People taking part at the HI Fires course at Dornoch Fire Station



Sutherland Area Youth Conference held at Ferry Croft Lairg

It's an empowering process where young people

- Learn new things about themselves and others
- Improve their confidence and self-belief
- Can express themselves without judgement
- Become more open and accepting of those who are different to them
- Are encouraged and supported to try and make differences to things that matter to all young people

The Dornoch youth team has had 1598 meaningful contacts with young people

In total there were 3,411 hours of engagement

All this was delivered on 219 separate occasions.

And took place in Dornoch, Lairg, Ullapool and Inverness

7 awards have been gained which recognises the variety of achievements going on

STORIES: DIFFERENCES: and THE FUTURE

Projects

Dornoch Youth Club

DYC runs every Tuesday night from 7pm - 9pm with average attendance ranging from 15-20 each week. This winter the young people have enjoyed trips to the Infinity Trampoline Park and Breakout Games.

Employability

Tree of Knowledge training sessions took place in the winter months with 6 completing the skills for life and work training. They then delivered six activities to the younger group. The photo shows them at their award presentation.

Developing Young Workforce.

A careers event for Sutherland was organised in partnership with DYW, Chamber of Commerce, Dornoch Academy and local businesses. The young people also cooked and prepared the soup and buffet lunch for 120 people.

Business Breakfast

Over 80 young people met with 23 local businesses to discuss career opportunities and options for learning for life and work. This is now an annual event which provides opportunities for young people to look at local career choices.

HI Fires Youth Training Course

In Partnership with Highlands and Island Fire and Rescue Team 12 young people took part in the HI Fires youth training course. One of the main aims is to try and develop attitudes and perceptions of young people by showing them life skills and responsibilities. They took part in a basic work experience programme including first aid, use of operational equipment such as hose and ladder work and simulated fire incidents, all within a controlled environment.

Quotes

"My favourite thing was using hoses and ladders because it was cool, but I didn't like rolling the hoses up at the end"



Young People who delivered and participated in the Tree Of Knowledge Training

WHAT'S COMING UP

In the coming months local young people

- Will represent their area at the summer Highland Youth Parliament conference which this year will be held at the UHI campus in Inverness.
- Will be asked to engage with the Sutherland Community Partnership. This is the group of senior representatives from Education (Care and Learning), Health, the Third Sector, Enterprise and the Emergency Services who are all committed to involving communities to help improve local services
- Will take part in a Highland wide survey of youth work delivered by High Life Highland
- Will be able to participate in summer holiday activities including FUSION events
- Will continue to have opportunities to develop personal and social skills and be actively recognised for any achievements
- Will have a wide variety of Summer Activities provided by the Youth and Active Schools Team
- Will have the opportunity to take part in Duke of Edinburgh Bronze and Gold Awards this summer term

CONTACT INFORMATION

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Young people show their hose skills at the HI Fires display at the end of the course.