



highlife
highland
na Gàidhealtachd

Youth Work in the Nairn area

October 2016 – March 2017

THE BIG HEADLINES



Youth Work is educational and it's fun

It's an empowering process where young people

- Learn new things about themselves and others
- Improve their confidence and self-belief
- Can express themselves without judgement
- Become more open and accepting of those who are different to them
- Are encouraged and supported to try and make differences to things that matter to all young people



Key numbers for the period

The Nairn youth team has had 1685 meaningful contacts with young people

In total there were 3050 hours of engagement

All this was delivered on 171 separate occasions.

Activities took place in the Youth Café, Nairn Academy, the local area, Badenoch & Strathspey, Inverness and Abriachan.

Young people have gained over 400 hours of Saltire hours achieving 36 awards reflecting the variety of participation across groups.

STORIES: DIFFERENCES: and THE FUTURE

PROJECTS

Nairn Youth Café is open 7-9pm on Wednesday and Friday evenings. Wednesday evenings, currently reserved for S1's, have proved very popular. More structured introductory sessions supported staff and new members get to know each other. The new group made the youth café their own and created their own behaviour agreement. In February this group gave very positive feedback during a consultation asking "how is youth café going?" and "what could be better?" HLH Young Leader's from the Friday night session also provide welcome peer support.

Friday evenings open to S2-S6 is popular with young people who want somewhere safe and warm to socialise, access the internet, make snacks and chat to supportive staff.

Nairn Youth Forum benefited from a programme of awareness-raising and is enjoying the influx of new recruits who meet weekly on Wednesdays after school at Nairn Youth Cafe .

The Penguins Tuxedo, youth-led street band, are also on the up following a successful recruitment and training programme The new line-up played their first "informal" gig at the Bandstand on April 2! Thanks also to Foundation Scotland, Scotmid and THC Nurturing Nairnshire fund for support.

Quotes - Young people

"I've learned how to improvise when things don't go to plan!"

"I really like (youth café), it's fun. It's not like a normal club where everyone tells you you have to do stuff."

"My son just joined the youth forum. He's always up when he comes home and says he loves the discussions everyone gets into." Parent



WHAT'S COMING UP

In the coming months local young people

- Will represent their area at the summer Highland Youth Parliament conference which this year will be held at the UHI campus in Inverness.
- Will be asked to engage with the Nairn Community Partnership. This is the group of senior representatives from Education (Care and Learning), Health, the Third Sector, Enterprise and the Emergency Services who are all committed to involving communities to help improve local services
- Will take part in a Highland wide survey of youth work delivered by High Life Highland
- Will be able to participate in summer holiday activities including FUSION events
- Will continue to have opportunities to develop personal and social skills and be actively recognised for any achievements
- A Positive Mental Health Project is planned as a result of the area conference in December. Nairn Youth Forum & Nairn Academy Pupil Council will work in partnership to deliver with funding from Nurturing Nairnshire Participatory Budgeting
- Outdoor Education Project – using the outcomes of a small pilot project delivered in partnership with The Youth Action Team, Nairn Drug & Alcohol Forum & Nairn Academy to explore expanded provision.

CONTACT INFORMATION

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Nairn Youth Development

