



# Youth Work in the Ullapool area

April 2016 – September 2016

## The BIG headlines



Youth work is an **educational** practice

It is an **empowering** process which is about

- Building self-esteem and self-confidence
- Developing the ability to manage personal and social relationships
- Creating opportunities for learning
- Building the capacity of young people to consider risk, make reasoned decisions and take control
- Having a targeted approach within a range of services for everyone
- Having FUN



**Key facts and stats**

The Ullapool youth team has worked with about 106 young people aged between 12 and 25 amounting to 549 meaningful contacts

In total there were 1389 hours of engagement with young people

These were delivered on 85 separate occasions

And took place in Ullapool, Lochinver, Ross & Cromarty Youth Forum, Sutherland Youth Forum and Highland Youth Parliament

# THE STORIES: THE DIFFERENCES: THE FUTURE

## Summer Activities

Over the Summer there were various activities including cooking classes, art workshops, trips to paintball, Landmark and the cinema. We had a higher number of participants than the previous year and all went very well.

## Ullapool Youth Forum

The new look youth forum has 16 new members and the group have been working on the youth space plans. They have done research around the school to see if there is still a need and did a talk in assembly about the plans

## Activity Agreements

These are for young people 16-18 who are out of Education and not in Employment. We have 6 on AA at the moment and are working with partners to look at programmes around employment and confidence building to help this group progress to a positive destination

## Health & Wellbeing

In Ullapool we have a local partnership which has organised a Community Taster day. The first one was in March and the next one is in November. The youth workers and young people give up a lot of time within this to help organise and plan the day, not just for other young people but for the whole community

### ➤ **Quote from a youngster**

*From an Activity agreement YP: Being on an AA has given me more freedom to make choices and take responsibility for myself*

### ➤ **Quote from a partner**

**“Children thrive with the opportunities on offer through youth work and the benefits are lifelong!”**



## HOW'S THE FUTURE LOOKING?

### ➤ **Getting On – achievements through learning**

More young people are working on their Saltire Awards.

Support D of E with volunteering and skills opportunities.

Promoting High Life Highland Youth Leadership Awards

### ➤ **Getting Heard – confident voices, influencing decisions**

We have 16 members on our new Ullapool youth forum.

We have 22 Youth Reps.

There are 7 young people on Sutherland Youth Forum and 8 on Ross & Cromarty Youth Forum

We had 4 young people stand for Highland Youth Parliament and after elections in the School, Callum Belshaw and Carla Lees were elected. (1 is a member of R & C YF and other SYF)

We also have 2 young people on the WRSL LAP

### ➤ **Getting Involved – youth work: it's educational**

Youth Network and Health & Wellbeing partnership- these are ways for anyone to get involved in the planning of youth work and wider community work.

## CONTACT INFORMATION

Name Yvonne Boa

Tel no 07825754850

Email Yvonne.boaz@highlifehighland.com

Facebook Ullapool Youth Development

