

Youth Work in the Kingussie Area

October 2015 to March 2016

The **BIG** headlines



Youth work is an **educational** practice

It is an **empowering** process which is about

- Building self-esteem and self-confidence
- Developing the ability to manage personal and social relationships
- Creating opportunities for learning
- Building the capacity of young people to consider risk, make reasoned decisions and take control
- Having a targeted approach within a range of services for everyone
- Having FUN

Key facts and stats

The youth team has worked with over 400 youngsters aged between 11 and 21 amounting to about 1,800 meaningful contacts

In total there were approx 3,000 hours of engagement with young people

These were delivered on 97 separate occasions

Activities took place in the Badenoch Centre, Aviemore Community Centre, The Hub, Kingussie High School.

11 recognised awards were gained.

THE STORIES: THE DIFFERENCES: THE FUTURE

AVIEMORE YOUTH GROUP (AYG)

Newly started in November 2015 this weekly (Thursdays) group has begun working with young people setting for positive relationships between young people and youth workers. Young People meet and learn together in a safe environment. They develop life skills, they enjoy trying new things and contribute positively to their community.

ZEST PROGRAMME

A partnership programme with Kingussie High School (KHS), and the Highland Wildlife Park. Four pupils from KHS worked hard in different areas of the park to learn about the animals, their care and the operation of the park. They also had to create enrichment devices and deliver a presentation on a chosen conservation issue. All four successfully completed the course not only increasing their confidence but learning a great deal about conservation and animal care.

COOKING GROUP

Pupils from Kingussie High and local young people participated in a cooking group in The Hub which helped them to learn about different recipes and how to prepare and cook different meals. This was beneficial not only for building confidence but also helped to develop independent living skills.

- **Quote from a young person**
“It was a fantastic new experience”
- **Quote from a partner**
“It’s great to have this kind of positive involvement with us “

HOW’S THE FUTURE LOOKING?

- **Getting On** – achievements through learning

Further promotion of wider achievement awards including Saltire for volunteering.

Developing opportunities in villages out with Kingussie & Aviemore.

- **Getting Heard** – confident voices, influencing decisions

Developing a stronger area youth forum across Badenoch & Strathspey and promoting what they do.

- **Getting Involved** – youth work: it’s educational

Continue the strong partnerships with KHS and the wider community to get youth work recognised as a valuable resource in the personal, social and educational development of young people.

Youth Forum will contribute to the Highland Youth Parliament campaigns to do with political engagement, mental health, transport, PSE and Looked After Children

CONTACT INFORMATION

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