



Youth Work in the Golspie area

April 2016 – Sept 2016

The BIG headlines



Youth work is an educational practice

It is an empowering process which is about

- Building self-esteem and self-confidence
- Developing the ability to manage personal and social relationships
- Creating opportunities for learning
- Building the capacity of young people to consider risk, make reasoned decisions and take control
- Having a targeted approach within a range of services for everyone
- Having FUN

Key facts and stats

Golspie youth team worked with around 107 individual youngsters each month aged between 11 and 24 amounting to 1511 meaningful contacts.

In total there were approx. 4160 hours of engagement with young people which took place at 56 sessions.

These activities happened in Golspie High School, Brora Learning Centre, Helmsdale Community Centre and Abriachan Forest School.

THE STORIES: THE DIFFERENCES: THE FUTURE

Abriachan Forest Peace Trail

The Peace Trail Project is an exciting and innovative partnership project between High Life Highland Brora Community Learning Centre and Sutherland Adult Literacies; Youth Development Officer; Creativity in Care; Node Graphics animation and Abriachan Forest Trust. The grand opening was on 17th June.

Over the past 12 months the partnership has worked with individuals and groups to help create a small Peace Trail at Abriachan Community Woodlands which can be enjoyed by people of all ages, abilities, and backgrounds. The physical task of working on the forest trail was mainly undertaken by Abriachan Forest Trust.

The partnership have used educational resources created during the first two years of the project with groups using literacy and storytelling combined with creative workshop; puppetry; animations; creative writing; green carpentry and art work to link in with the project. A group of 4 young people from Golspie High School were involved from October to completion along with a group of young carers from TYKES. The Golspie High School pupils also linked their work on the trail to accredited learning modules on Citizenship and Personal Development through High Life Highland.

Community Engagement

Working in partnership with Brora Learning Centre (BLC) the youth team has engaged with many young people through Friday night pamper sessions and music drop in sessions on a Monday night.

Helmsdale Community Centre is another fantastic resource for holding our FUSION events and sport/pamper evenings on a Saturday evening.

➤ Quote from a youngster

'I had great fun doing this project at the Brora Learning Centre, I never used to bother going into school on a Monday but now I enjoy it!'

➤ Quote from a partner

'Working in partnership with youth services and the adult literacies team helps to build wider opportunities for our young people, enabling our young people to achieve wider achievement in different ways.'



HOW'S THE FUTURE LOOKING?

➤ *Getting On* – achievements through learning

Working on the Citizenship ASDAN Award with a group of 4 young people

Developing more HLH Leadership Awards working in partnership with other agencies

Further promotion of wider achievement working on a 1-2-1 basis with senior pupils in GHS

Mentoring senior pupils in GHS

➤ *Getting Heard* – confident voices, influencing decisions

Developing the local youth forum and promoting what they already do

Working with the high school's pupil council fortnightly on leadership within the school to enable their voices to be heard and changes which they identify themselves to be made to improve their school community.

➤ *Getting Involved* - youth work: it's educational

The Youth Forum will contribute to the Highland Youth Parliament campaigns to do with political engagement, mental health, transport, PSE and Looked After Children

CONTACT INFORMATION

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