

# Youth Work in the Golspie area

October 2015 – March 2016

## THE BIG HEADLINES



Youth work is an **educational** practice

It is an **empowering** process which is about

- Building self-esteem and self-confidence
- Developing the ability to manage personal and social relationships
- Creating opportunities for learning
- Building the capacity of young people to consider risk, make reasoned decisions and take control
- Having a targeted approach within a range of services for everyone
- Having FUN

### **Key facts and stats**

Golspie youth team worked with around 120 young people aged between 11 and 24 amounting to 1106 meaningful contacts

In total there were approx 3200 hours of engagement with young people

These were delivered on 114 separate occasions

These activities happened in Golspie High School, Brora Learning Centre, Eden Court and trips away with various groups.

A total of 3 recognised awards were gained

# THE STORIES: THE DIFFERENCES: THE FUTURE

## ROCK CHALLENGE

Golspie's first year participating in The Rock Challenge. The vision of the Be Your Best Foundation is to contribute to improving the quality of life for all of society by encouraging young people to take an active role in building safe and healthy communities, by

- the reduction of drug misuse and crime amongst young people
  - the advancement of education - and particularly the education of children and young people in the value of discipline, hard work and good citizenship
  - the promotion of health and the prevention of sickness, particularly that caused by or related to alcohol, tobacco, drug use or any other aspect of modern lifestyles which are prejudicial to health
  - the provision of facilities for recreation and positive leisure time activities
- Quote from a youngster  
*'This year I worked back stage, I cannot wait for next year as I want to perform on the stage!'*
- Quote from a partner  
*'Working in partnership with youth services helps to build wider opportunities for our young people, the school is very grateful of all the hard work & effort provided by HLH'*
- Quote from a parent  
*'My son has gained so much confidence through his experience with Rock Challenge, eternally grateful'*

Working in partnership with Brora Learning Centre (BLC) the youth team has engaged with over 60 young people on three Friday evening pamper sessions where young people learnt how to care for their skin, apply make up properly and paint their nails. Also working in partnership with BLC 4 young people have had the opportunity to create an animation working towards a grand opening of the Peace Trail in Abriachan.

## HOW'S THE FUTURE LOOKING?

- *Getting On* – achievements through learning

Working on the Citizenship ASDAN Award with a group of 4 young people.

Developing more HLH Leadership Awards working in partnership with other agencies.

Further promotion of wider achievement working on a 1-2-1 basis with senior pupils in GHS.

- *Getting Heard* – confident voices, influencing decisions

Developing the local youth forum and promoting what they already do.

Working with the high school's pupil council and on leadership within the senior phase to enable their voices to be heard and changes to be made.

- *Getting Involved* - youth work: it's educational

Youth Forum will contribute to the Highland Youth Parliament campaigns to do with political engagement, mental health, transport, PSE and Looked After Children

Working in partnership with the high school and community groups to enable engagement e.g. volunteering opportunities.

## CONTACT INFORMATION

Name	Angela Burns
Tel	07778 812194
Email	angela.burns2@highlifehighland.com
Facebook	Golspie Youth Development

