

# Youth Work in the Dingwall area

October 2015 – March 2016

## THE BIG HEADLINES



Youth work is an **educational practice**

It is an **empowering process** which is about

- Building self-esteem and self-confidence
- Developing the ability to manage personal and social relationships
- Creating opportunities for learning
- Building the capacity of young people to consider risk, make reasoned decisions and take control
- Having a targeted approach within a range of services for everyone
- Having FUN



**Key facts and stats**

The Dingwall youth team worked with over 145 youngsters aged between 11 and 21 amounting to 1592 meaningful contacts

In total there were approx 2425 hours of engagement with young people

These were delivered on 116 separate occasions.

And took place in Conon Bridge, Strathpeffer, Dingwall Leisure Centre, Pefferside Park, Dingwall Town Hall, Dingwall Community Centre, Leanaig Centre and Dingwall Academy

A total of 41 recognised awards were gained

# THE STORIES: THE DIFFERENCES: THE FUTURE

## FUSION

Fusion is a diversionary programme which takes place in Dingwall Leisure Centre monthly and is led by the Youth Forum. Young people have access to the whole leisure centre which includes fitness suite, swimming pool and gym halls. The programme each month is varied ensuring there is something for everyone. The FUSION events are very popular with over 100 young people attending each month.

## COOKWELL

In partnership with the Calman Trust, weekly cooking sessions are available for young people aged 16-25. The sessions offer young people the opportunity to make delicious 3 course meals in a relaxed and friendly environment. This will provide young people with an opportunity to learn how to make easy, home cooked food from scratch.

## HIGHLIGHTS FUSION

There was a Highlights FUSION held in November. This FUSION was held specifically for young people who have additional support needs /disabilities. It was advertised through local schools and with Social Work staff. All young people thoroughly enjoyed this and funding has been secured to continue these sessions.

### *Quote from a partner*

*"It's great having somewhere safe to recommend to young people, where they can meet up with friends".*

### *Quote from a parent*

*"My daughter doesn't go out much but she makes the effort for fusion".*

## HOW'S THE FUTURE LOOKING

### *Getting On – achievements through learning*

SALL course: High Life Highland Adult Learning and Youth Development will be delivering a Supporting Adult Literacy Learning course to S6 pupils. This course will be incorporated into the S6 options form. Once they have completed this training young people will be better able to support younger pupils with literacy needs

### *Getting Heard – confident voices, influencing decisions*

The Dingwall Youth Forum (DYF) will continue to make an outstanding voluntary contribution to developing youth led Youth Work provision in the area and raising the profile of young people. Their collective contribution will make a positive impact upon improving the life chances of young people (including themselves) in the Dingwall Academy catchment area, through developing opportunities for learning and active citizenship.

### *Getting Involved – youth work: it's educational*

Develop the Leader Training: Youth Development aim to deliver 4 more training session to 40 young people over the next year. Assisting the young people of Dingwall to achieve and attain qualifications

## CONTACT INFORMATION

Name Lindsay McGarry  
Tel 01349 863308  
Email [lindsay.mcgarry@highlifehighland.com](mailto:lindsay.mcgarry@highlifehighland.com)  
Facebook: Dingwall youth development

