# Youth Work in the Charleston area

October 2015 – March 2016

# THE BIG HEADLINES



Youth work is an educational practice

It is an empowering process which is about

- Building self-esteem and self-confidence
- Developing the ability to manage personal and social relationships
- Creating opportunities for learning
- Building the capacity of young people to consider risk, make reasoned decisions and take control
- Having a targeted approach within a range of services for everyone
- Having FUN



Key facts and stats

The Charleston youth team worked with over 130 youngsters aged between 11 and 21 amounting to 481 meaningful contacts

In total there were approx 736 hours of engagement with young people

These were delivered on 58 separate occasions.

And took place in Charleston Academy, Community Complex, Kinmylies Church, Kiltarlity Village Hall and trips away.

# THE STORIES: THE DIFFERENCES: THE FUTURE

# **Charleston ASG Youth Clubs**

Youth clubs are held weekly in the Charleston Community Complex and Kiltarlity village hall. A steady number of regular attendees participate in the club each week, building upon their social development whilst attempting skills and activities which are new to them. Various cooking, sport and craft skills are delivered each term, thus resulting in the creation of a safe, stimulating and positive peer environment.

# **Charleston Lunch Club**

For individuals who prefer a quiet setting to relax over their lunch, the youth team has developed a Lunch Club which provides a safe and easy environment in the Community Complex. This club can also be used as a drop in; working in partnership with the school CSW this area is a reliable point of contact for any young person who needs support from the staff members present. It is hoped that this club will improve individuals' social and confidence skills, allowing them to also be comfortable in crowded environments.

## Cookwell

Supported by the Calman Trust, Cookwell projects aim to develop youth (aged 16-25) confidence levels when in a kitchen environment. This project has especially aided the development of young people who give primary support at home or who require direction whilst in their education years. A three course meal will be prepared (from scratch!) and enjoyed during the two hour sessions.

#### Quotes

From a young person; "I am really enjoying learning to cook"

From a parent; "My daughter wants to try new things and looks upon her volunteering role as a job".



## **HOW'S THE FUTURE LOOKING**

Getting On - achievements through learning

School Leaver Programme: working in partnership with the Careers Advisor the youth team will work with pupils who plan to leave school, preparing them through workshops for the world of work and further education.

Education and Training for current and new members of staff through 'Introduction to Youth Work' training.

Develop and promote recognised Achievement Awards for young people

Getting Heard – confident voices, influencing decisions

The Charleston Youth Forum has been recently reestablished. Decisions regarding community projects and forum promotion have been amongst the most recent discussions, focussing on how best to encourage young voices to get involved. Fusion organisation is also on the forums 'To-Do' list with future plans already underway.

Getting Involved - youth work: it's educational

Continue to run the highlighted projects and develop youth involvement (build necessary skills: confidence, social interaction, career/opportunity development)

## **CONTACT INFORMATION**

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