



Youth Work in the Mallaig Area

April 2016 to September 2016

The BIG headlines



Youth work is an educational practice

It is an **empowering** process which is about

- Building self-esteem and self-confidence
- Developing the ability to manage personal and social relationships
- Creating opportunities for learning
- Building the capacity of young people to consider risk, make reasoned decisions and take control
- Having a targeted approach within a range of services for everyone
- Having FUN

Key facts and stats

Between April & September 2016 the Mallaig youth team worked with over 100 Young People aged between 11 and 21 amounting to about 1200 meaningful contacts.

In total there were approximately 2800 hours of engagement, these were delivered on over 100 separate occasions and took place in Mallaig High Schools newly fitted out youth space, and the High school pitch and Gym hall.

3 young people have completed their Bronze Duke of Edinburgh Award.

THE STORIES: THE DIFFERENCES: THE FUTURE

Full on Wednesday nights

Wednesday nights from 5-7pm in Mallaig sees young people travelling from as far away as Fort William to take part in football training and coaching sessions, this session is open to anyone in the P7 and up age range with as many as 30 young people taking part in a session. Straight after the football session is the Awards open evening that allows young people to drop in and get help logging information on the various award programs on offer in Mallaig. This has helped create over 50hrs of volunteering per week being carried out by young people in and around the Mallaig.

Highland youth Parliament (HYP)

After the Easter break a series of elections took place to find 2 new members to represent the Mallaig ILC at the upcoming HYP conference at Sol Mor Ostaig . democratic process saw 2 young people being elected with a member of the small island communities being asked to represent young people from the Mallaig area for the first time.

Summer activities and Fusion events

Over the Summer months a program of activities took place to allow young people to continue to meet up and take part in the affordable activities on offer, these were a mix of local area and further afield activities that allowed young people to challenge themselves and their peers safely in a range of different environments. One quote from a young person taking part in these activities shows how important these sessions are in a rural community.

- **Quote from a young person**
It's a nine mile round trip for me to see my nearest friend, that's just one of them. Doing this stuff in the summer lets me meet up with my friends and makes me feel part of something

Getting On – achievements through learning

Expansion of engagement projects to include more young people who could benefit from such opportunities.

Further promotion of wider achievement awards and their frameworks

Support sessional staff to help deliver sessions competently with the right experiences and qualifications

- **Getting Heard – confident voices, influencing decisions**

Developing a stronger area youth forum and promoting what they do.

- **Getting Involved – youth work: it's educational**

Continue the strong partnerships with Mallaig High school and the wider community that promotes youth work as a valuable resource in the personal, social and educational development of young people.

Through the Youth Forum young people will contribute to the Highland Youth Parliament campaigns to do with political engagement, mental health, transport and PSE and any other items young people feel that are barriers to their personal wellbeing.

CONTACT INFORMATION

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