



Youth Work in the Millburn area

April 2016-Sept 2016

THE BIG HEADLINES



Youth work is an educational practice

It is an empowering process which is about

- Building self-esteem and self-confidence
- Developing the ability to manage personal and social relationships
- Creating opportunities for learning
- Building the capacity of young people to consider risk, make reasoned decisions and take control
- Having a targeted approach within a range of services for everyone
- Having FUN

Key facts and stats

The Millburn youth team worked with over 100 youngsters aged between 11 and 21 amounting to 2727 meaningful contacts

In total there were 5314 hours of engagement with young people

These were delivered on 156 separate occasions.

Activities took place in Millburn Academy, Raigmore Community Centre and the Spectrum Centre, the One Stop Shop and other activity venues throughout the city.

A total of 16 recognised awards were gained

THE STORIES: THE DIFFERENCES: THE FUTURE

Young people having a say

The young people have come together once a month through the Millburn and Inverness youth forums to discuss issues that affect them and other young people in the local community. Hot topics such as the tilting bridge project, fusion events, the summer activity programme and other important areas such as the Highland Youth Parliament have been on the agenda, also Millburn Academy's LGBTI forum group have contributed to the Highland Council's strategy group for equality and diversity.

Raigmore (Millburn) Football initiative

Raigmore football initiative continues to develop, 4 teams of around 70 young people regularly participating in active activity over a very busy 4 month period. This contributes greatly to the Department of Health's recommended guidelines of 60 minutes of vigorous activity. A number of ex-players go on to be coaches and young volunteers and therefore this leads to undertaking qualifications such as first aid, coaching, match officials aiding with employment opportunities.

The Hub

The Hub continues to be a very important venue for young people on the autistic spectrum to come and relax and socialise with other young people, some who are on the autistic spectrum and others that are not, leading to good social interaction and awareness raising. Activities are varied and exciting with one notable achievement being the Hub members raising £600 pounds for the one stop shop, by completing a walk along the Caledonian Canal from Docharroch to Torvean

Quote from a partner; "There is no other regular provision like this for this amount young people anywhere in the highlands as far as I know.

"PE Teacher, Millburn Academy, after school Friday football".

HOW'S THE FUTURE LOOKING

Getting On – achievements through learning

Further promotion of wider achievement awards
Building on the success of Millburn football initiative and developing further projects for the Millburn area.

Getting Heard – confident voices, influencing decisions

Developing a stronger area youth forum and promoting what they do.

Developing active youth participation at all the projects ensuring all young people's voices are heard.

The Youth Forum will contribute to the Highland Youth Parliament campaigns in political engagement, mental health, transport, PSE and Looked After Children

Getting Involved – youth work: it's educational

Continue the strong partnerships with the Hub and the wider community to get youth work recognised as a valuable resource in the personal, social and educational development of young people.

CONTACT INFORMATION

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