

The BIG headlines



Youth work is an educational practice

It is an **empowering** process which is about

- Building self-esteem and self-confidence
- Developing the ability to manage personal and social relationships
- Creating opportunities for learning
- Building the capacity of young people to consider risk, make reasoned decisions and take control
- Having a targeted approach within a range of services for everyone
- Having FUN

Key Facts and Stats

Between April 2016 and September 2016 the Kinlochbervie Youth Work team have worked with an average of 47 young people between 12 and 24 amounting to ? meaningful contacts.

In total there was approximately 1200 hours of engagement with young people.

These were delivered on 100 separate occasions.

Youth work takes place in Kinlochbervie High School, The Portacabin and in the community.

THE STORIES: THE DIFFERENCES: THE FUTURE

Saltire Awards

Since April we have worked hard to ensure that every young person has been involved in registering and participating in Saltire awards. Before the summer holidays 37 young people participated in the Saltire Challenge award and they were all presented with awards at the end of term for their involvement in a community beach clean. Sarah Robbins was also the first of our young people to achieve her 20 hour award.

Eden Court

Working in partnership with Eden Court and Highland Youth Creative Arts Hub over the summer and October holidays a series of workshops from drama and dance to film making were delivered to a group of young people who made a film called 'Sutherland Spirits' which is about folklore in Kinlochbervie.

High Life Highland Youth Leadership Awards

Over the last 6 months we have introduced the HLH youth leadership awards. We currently have 3 young people participating and we are hoping that over time we can encourage more young people to get involved.

Youth Portacabin

A great venue for the young people to come and chill out. The Portacabin is open on a Thursday evening for 2 hrs and offers a neutral place that is very relaxed and encourages young people to participate in non-curricular activities. They also have the opportunity to use the Astroturf pitch for ball games.

- **Quote from a young person**
"I was having a tough time but working and participating in youth events has really helped me to gain confidence and helps me to take my mind off things"
- **Quote from a partner**
"Being able to provide creative arts in the far North West of Sutherland helps us to promote our outreach work and provide inclusion"



HOW'S THE FUTURE LOOKING?

➤ **Getting On – achievements through learning**

I am currently supporting every pupil in the school to work on their Saltire Awards portfolio.

Community intergenerational projects – I am working with Adult Education and the elderly residents of the local community to participate with digital inclusion.

Support D of E with volunteering and skills opportunities.

Support the "Developing Young Workforce" programme.

Promoting High Life Highland Youth Leadership Awards.

➤ **Getting Heard – confident voices, influencing decisions**

Fortnightly Youth Forum meetings will continue which include meeting bi-monthly in Lairg

Youth Reps meetings continue and help to raise awareness of issues or needs within the community. The youth rep meetings are giving the young people confidence to speak out over issues.

➤ **Getting Involved – youth work: it's fun**

Transition work for Primary 7s begins after the Christmas holidays and offers activities to get involved and meet up with each other. We are in the next stages of planning for the next P7 transition project.

October Activities- Wide range of trips and activities took place - including Drama, Arts and Film supported by Eden Court Creative Arts and the Highland Youth Arts Hub.

Sutherland Youth Forum -

Young people from the high school have been attending the Sutherland Youth Forum meetings, with four pupils from S1-S6 attending bi-monthly meetings in Lairg. This is a great opportunity for youth to carry forward any thoughts and ideas they may have on how to improve the communities they live in. From this they can then participate in the Highland Youth Parliament which holds an annual conference during the summer months.

CONTACT INFORMATION

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