



# Youth Work in the Kingussie Area

April 2016 to September 2016

## The **BIG** headlines



Youth work is an **educational** practice

It is an **empowering** process which is about

- Building self-esteem and self-confidence
- Developing the ability to manage personal and social relationships
- Creating opportunities for learning
- Building the capacity of young people to consider risk, make reasoned decisions and take control
- Having a targeted approach within a range of services for everyone
- Having FUN

### Key facts and stats

Between April to September 2016 the Kingussie area youth team engaged with 200 youngsters aged between 11 and 21 amounting to around 1,400 meaningful contacts

In total there were over 1,700 hours of engagement with young people.

These were delivered on over 70 separate occasions.

And took place in the Badenoch Centre, Aviemore Community Centre, The Hub, Kingussie High School among others.

8 recognised awards were gained.

# THE STORIES: THE DIFFERENCES: THE FUTURE

## AVIEMORE YOUTH GROUP

Now nearly a year old this weekly (Thursdays) group has begun working with young people setting for positive relationships between young people and youth workers. Young People meet and learn together in a safe environment. Recently have been taking part in a several week long 'Come Dine with Me' project where the young people have been choosing and cooking a variety of different meals for the group. Two older young people have been regularly volunteering here and have made a real positive contribution to the group.

## ROCK CHALLENGE

Over 40 young people planned, choreographed and took part in the 2016 Rock Challenge. The young people had to not only organise the dance and music but also the set, props and lighting. The group put on an excellent show based around 'The Dragon & The Pearl' Chinese folk tale. The group did a fantastic job and won several awards for their performance.

## FUSION

Fusion evenings were run in both The Hub and in the Aviemore Community Centre. Activities included bubble football and Lazertag. Events were well attended and gave an opportunity for youth workers to make new contact with the young people. Evaluation was encouraging as the young people stated that they had thoroughly enjoyed themselves.

- *Quote from a young person*  
"Awesome time, I met new people."
- *Quote from a parent*  
"They really enjoy coming along"



## HOW'S THE FUTURE LOOKING?

- *Getting On* – achievements through learning

Further promotion of wider achievement awards including Saltire for volunteering.

Developing opportunities in villages out with Kingussie & Aviemore.

- *Getting Heard* – confident voices, influencing decisions

Developing a stronger area youth forum across Badenoch & Strathspey and promoting what they do. Elections for new Highland Youth Parliament representatives to take place soon.

- *Getting Involved* – youth work: it's educational

Continue the strong partnerships with KHS and the wider community to get youth work recognised as a valuable resource in the personal, social and educational development of young people.

Youth Forum will contribute to the Highland Youth Parliament campaigns relating to political engagement, mental health, transport, PSE and Looked After Children

## CONTACT INFORMATION

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