



## Youth Work in the Glen Urquhart Area

April 2016 to September 2016

### The **BIG** headlines



Youth work is an **educational** practice

It is an **empowering** process which is about

- Building self-esteem and self-confidence
- Developing the ability to manage personal and social relationships
- Creating opportunities for learning
- Building the capacity of young people to consider risk, make reasoned decisions and take control
- Having a targeted approach within a range of services for everyone
- Having FUN

**Key facts and stats**

The youth work team has worked with over 53 young people between April 2016 and September 2016, this amounts to over 758 meaningful contacts.

In total there were approximately 2549 hours of engagement with young people

These occurred on 87 occasions and were delivered in locations between Drumnadrochit and Cannich.

# THE STORIES: THE DIFFERENCES: THE FUTURE

## Strathglass Youth Club

This is our longest running Youth club in the area. There is a lot of direct engagement from the parent committee which helps to co-ordinate the Senior youth club, along with the Junior club that they run themselves.

We have a variety of activities on offer here, to encompass many different tastes. We are encouraging our Seniors to take an interest and help with the younger ones youth club. This seems to be encouraging young people to take more of an interest in their wider community, as they are now attending committee meetings and helping decide on future planning for the groups.

## Glen Urquhart Youth Club

We are still dealing with fluctuations in numbers at this time but we can credit some of this to young people taking part in other activities within the community. Shinty has a great influence in our community and as it is accessible to all now it has become increasingly popular for young people. When it comes to the consumption of energy drinks, we seem to be in a continual struggle trying to get young people to understand the damage that can be caused by the consumption of these drinks. Hopefully we can tackle this head on but our blanket ban on these drinks will remain in force for the foreseeable future.

### ➤ *Quote from a youngster*

"I quite like being able to go to whichever youth club I want to."

### ➤ *Quote from a partner*

"Some young people are more socially aware than I gave credit for, which was a pleasant surprise."

### ➤ *Quote from a parent*

"Youth club has helped my child to build friendships outside of school, as he was previously very shy."



## HOW'S THE FUTURE LOOKING?

### ➤ *Getting On* – achievements through learning

Having attended a variety of trainings events we are now focussing on rolling out a wider selection of awards aimed at benefitting individuals on a personally and at a level that is appropriate for them .

### ➤ *Getting Heard* – confident voices, influencing decisions

We are continuing to encourage people to come and have their say within youth forums and helping them to understand that anything they have to say is relevant but we can only achieve change through participation.

### ➤ *Getting Involved* – youth work: it's educational

We are privileged to work with young people, increasing our learning to support benefits all of us.

## CONTACT INFORMATION:

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