



Youth Work in the Dingwall area

April 2016 – September 2016

THE BIG HEADLINES



Youth work is an **educational practice**

It is an **empowering** process which is about

- Building self-esteem and self-confidence
- Developing the ability to manage personal and social relationships
- Creating opportunities for learning
- Building the capacity of young people to consider risk, make reasoned decisions and take control
- Having a targeted approach within a range of services for everyone
- Having FUN



Key facts and stats

The Dingwall Youth Team worked with over 160 young people between 11 and 21 amounting to 1237 meaningful contacts.

In total there were approx. 3197 hours of engagement with young people.

These were delivered on 255 separate occasions.

And took place in Dingwall, , Strathpeffer, Dingwall Leisure Centre, Sabhal Mor Ostaig, residentials, trips away.....

A total of 56 recognised awards were gained

THE STORIES: THE DIFFERENCES: THE FUTURE

DINGWALL YOUTH FORUM

The Dingwall ASG Youth Forum continues to be a successful group. The group are responsible for all the planning, advertising and some of the delivery of the FUSION events. The young people within the forum are consistently consulting with their peers to ensure that the FUSION events are popular. The Forum also supports other community events such as the Dingwall Academy Spring Fair, Dingwall Primary So Long Summer Event and Dingwall Gala Week.

SOCIAL SKILLS GROUP

Following on from the successful Highlights groups the Youth Development team were approached by Dingwall Academy to work with a group of young people with additional needs. In partnership with Highland Council's Social Work Disability team a programme was developed to work with a group of young people on issues which affect them. The group will also be working towards a Dynamic Youth Award and SALTIRE award.

LEADERSHIP

The Youth Development team in partnership with Active Schools have delivered the Go Lead Sports Leadership Award to 45 young people in the Dingwall ASG. The majority of young people then volunteered to support the P7 Transition project. Without the help of the leaders the P7 Transition project would not have been able to take place! Several leaders then volunteered to help at the Dingwall Leisure Centre Summer Play scheme.

Quote from Partner

"It's great to have youth work involved in this project – they can offer so much advice and support."

Quote from a young person

"By being involved in the youth forum I have gained more confidence and learned about team work."

HOW'S THE FUTURE LOOKING

Getting On – achievements through learning

Over the past few months 56 young people in the Dingwall ASG have received recognised awards for the volunteering they are involved with. The Youth Development team have now set up 2 Awards Drop In sessions in Dingwall Academy to ensure that all young people are aware of what awards are on offer and also to get them recognise the value of the volunteering that they do.

Getting Heard – confident voices, influencing decisions

The Dingwall Forum continues to meet regularly to discuss and plan FUSION events. In the coming term members of the forum will take part in FAST FORWARD Peer Education Training to work on a Mental Health project. This will eventually be rolled out to all schools in Ross and Cromarty.

Getting Involved – youth work: it's educational

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CONTACT INFORMATION

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