



# Youth Work in the Black Isle area

April 2016 – September 2016

## THE BIG HEADLINES



### Youth work is an educational practice

It is an empowering process which is about

- Building self-esteem and self-confidence
- Developing the ability to manage personal and social relationships
- Creating opportunities for learning
- Building the capacity of young people to consider risk, make reasoned decisions and take control
- Having a targeted approach within a range of services for everyone
- Having FUN



### Key facts and stats

The Fortrose youth team worked with over 350 youngsters aged between 11 and 21 amounting to 3800 contacts

In total there were approx 5451 hours of engagement with young people

These were delivered on over 100 separate occasions.

Activities took place in Fortrose, the Cromarty area and trips away

A total of 120 recognised awards were gained

# THE STORIES: THE DIFFERENCES: THE FUTURE

## Saltire Summit Awards

On 25th August, 19 Summit Awards for Outstanding Contribution to Volunteering were given out across the Highland area, We took back 11 to the Black Isle we were delighted with all the hard work and commitment from our young people they have gain valuable skills for life, grown in confidence and developed many new relationships by supporting many projects and people. The young people were warmly received by Local MP Drew Hendry who gave out all of their awards

## Print Studio

6 young people volunteered and attended one day a week at The Highland Print Studio during their study leave to create 2 post cards to sell in the local community to raise funds. While at the print studio young people learnt about the different processes used to create the postcards they increased their Cooperation, negotiation and communication, leaning practical creative skills and how to work creatively to a brief, they had improved confidence in learning new skills. Post Cards can be bought from Fraser or Wanda in the Black Isle Leisure Centre, 50p each

## Defibrillator Training

In Cromarty over 80 people attended a 3 hour session with Lucky 2 B here, 30 of these people were young people. Everyone is now trained how to do CPR , basic life support and how to use the Defibrillator, young people showed great confidence in using the defib and delivering CPR, they will be able to run and get the defib quickly and be onsite with a casualty in seconds supporting everyone in the community with this lifesaving equipment. 3 defibrillators have been installed in various locations in Cromarty. The money was raised by people in the community. •

Quote from a young people;

"We all worked hard together and earned our John Muir Awards"

"We had new experiences while improving our learning "

## HOW'S THE FUTURE LOOKING?

### ➤ Getting On – achievements through learning

Expansion of the Saltire Awards project: offering more young people the chance to volunteer. Ensure that all young people that are volunteering are signed up for Saltire Awards. In the Black Isle we have 149 young people taking part in Saltire Award and over the next year we hope to sign up more young people

### ➤ Getting Heard – confident voices, influencing decisions

Continue to support young people getting their voices heard at local level and Highland wide through Highland Youth Parliament, Ross & Cromarty Youth Forum, Cromarty Community Council and Pupil Voice for Fortrose Academy. Young people's involvement on these committees is able to bring about changes in their own life and the lives of others within their local school and the wider community.

### ➤ Getting Empowered – youth work: it's educational

Develop the strong partnership working in the Black Isle which recognises, youth work as a valuable resource in the personal, social & educational development of both the younger and older members of its community.

## CONTACT INFORMATION

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