

For information contact:

Trish Matthews, Learning Centre Coordinator | E: [trish.matthews@highlifehighland.com](mailto:trish.matthews@highlifehighland.com) | T: 01408 622707

Learning Offer	Description	Delivery Method	Details	Venue
<b>Adult Learning Support Hub Brora Learning Zone</b>	Would you like to improve your reading and writing? Would you like to improve your everyday numeracy skills or your budgeting skills? Would you like help getting online and using the internet? Would you like to gain a qualification?	In person	Mondays By appointment Contact: 01408 622707	Brora Learning Zone
<b>English for Speakers of Other Languages (ESOL)</b>	Conversation Café ESOL classes: family learning and mixed levels	In person	Tuesdays 17:30-19:30	Brora Learning Zone
<b>Open Book</b>	Supported reading and creative writing group run by the Open Book Project with local author Helen Sedgewick	In person	First Monday of the month 17:30-19:30	Brora Learning Zone
<b>Personal Finance Skills</b>	Gain an SQA award in Personal Finance at SCQF level 3 or 4. Explore personal finance using creative and practical approaches, including budgeting skills.	In person	Thursday mornings Times to be confirmed Contact us to reserve your place	Brora Learning Zone
<b>Social Enterprise</b>	A creative arts approach to employability, enterprise, and core skills. Work with Brora Gallery social enterprise to create bespoke gifts and merchandise. Volunteering opportunities available.	In person	Wednesdays 09:30-12:00 and 13.00-16.00 Contact us for more details	Brora Learning Zone
<b>Fresh Shoots</b>	Grow your own food: a wellbeing project. Learn skills for planting, growing, and cooking.	In person	Tuesdays 10:00-12:00	Lochview Rural Training Centre

Explore core skills and practical abilities in a creative way. In partnership with Lochview Rural Training Centre and NHS Highland.			
--	--	--	--