

Learning for Life

ADULT LEARNING IN CAITHNESS October 2017

NOSS PRIMARY INTERGENERATIONAL PROJECT



In partnership with the Caithness HLH Adult Learning Co-ordinator and the local GWT co-ordinator, Noss Primary school in Wick hosted grandparents and older family members over two afternoons where they engaged in question and answer sessions with primary 3 / 4 and two p7 classes.

This was set up to celebrate Family Learning Week (2-9 Sept) and incorporate Grandparents Day (10 Sept) and International Day of Older Persons (1 Oct).

Pupils were asked to collect old photos from an older family member and do a piece of writing around the photo.



The overall aim was to challenge stereotypes about age and to highlight the help and support our grandparents provide us. We wanted to increase awareness in the children of age differences and encourage viewing grandparents as individuals.

Some of the expected outcomes were:

- More intentions to spend time with older adults
- More knowledge about ageing
- Improved attitudes towards older adults



"What does Family Learning mean to you?"

- ***'playing games with my grandchildren'***
- ***'taking an interest in their school work'***
- ***'showing old family photos and discussing family members'***



Adult Learning in Caithness

DIGITAL SKILLS & DRIVING THEORY SESSIONS



HLH Adult Learning, in partnership with Wick Library have been running digital skills classes which have been designed to assist learners with getting Online and making the most of their digital device, whether it be a mobile phone, tablet or laptop.

Our sessional tutors have been promoting 'Your Online Library' where anyone with a library card or national travel card can access free digital newspapers and magazines as well as eBooks and eAudiobooks.



Help with Driving Theory sessions have also been running in Wick and Thurso Libraries and these have been well attended due to word getting around through Facebook and encouragement from local driving instructors. Tutors have been using the HLH Theory Test Pro which can be found on the website.

<https://www.highlifehighland.com/online-reference-resources/test-preparation/>

April – September 2017

- Engaged with 90 adult learners
- Delivered 380 contact hours
- SQA Numeracy & Communications Core Skills are currently being delivered
- 7 AL volunteer tutors successfully completed the PDA SALL course

INTERNATIONAL LITERACY DAY



Our reading selfie competition which was arranged to celebrate International Literacy Day, attracted a lot of entries and above is the colourful winning selfie!

EAST CAITHNESS COMMUNITY FACILITY OPENS



In April 2017 the East Caithness Community Facility (ECCF) opened alongside the new Wick High School. This impressive building houses the Swimming Pool and Library where Leisure, Library, Active Schools, Youth Work and Adult Learning staff work together.

NATURAL CONNECTIONS

A 4 week course was run by Vocational Support involving various partners including Adult Learning. Learners were involved in lovely walks, yoga and mindfulness sessions, healthy eating, crafts and creative writing in and around Caithness.



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