



## Caithness Adult Learning Programme January - March 2017

### Courses run by: High Life Highland

**For more information contact:** Nina Mackay / Telephone: 01955 609714 / [nina.mackay@highlifehighland.com](mailto:nina.mackay@highlifehighland.com) \* ECCF- East Caithness Community Facility

| Course Title                                                                                                     | Start Date and Number of Weeks                                                   | Day and Time                         | Venue                                                                                                     | Cost                                 |
|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|--------------------------------------|-----------------------------------------------------------------------------------------------------------|--------------------------------------|
| <b>Drop-In Class</b><br><b>Help with reading, writing, spelling &amp; numbers</b>                                | Ongoing                                                                          | Fridays<br>10.00 -12.00              | Thurso – Ormlie Centre                                                                                    | <b>FREE</b>                          |
| <b>Volunteer tutor training</b><br><b>Professional Development Award in Supporting Adult Literacies Learners</b> | Winter 2018                                                                      | TBC                                  | TBC<br>(If you are interested in becoming a volunteer tutor, please contact Nina for further information) | <b>FREE</b>                          |
| <b>Furniture Upcycling</b><br>(In partnership with Vocational Support)                                           | January 2018                                                                     | TBC                                  | Wick                                                                                                      | <b>FREE</b><br><b>(Fully booked)</b> |
| <b>English for Speakers of Other Languages (ESOL)</b>                                                            | School term time                                                                 | Mondays<br>18.00 – 20.00             | ECCF – Wick<br>(If interested in Thurso classes, please contact Nina directly for further info)           | <b>FREE</b>                          |
| <b>Core Skills Accreditation &amp; 1-1 support</b> (reading, writing, spelling & numbers)                        | Ongoing<br>Communication, Numeracy, ICT<br>Problem Solving & Working with Others | Contact Nina for further information | Various                                                                                                   | <b>FREE</b>                          |
| <b>Digital Skills</b><br><b>( One off sessions )</b>                                                             | Feb & Mar 2018                                                                   | TBC                                  | Wick & Thurso Libraries<br>(If interested please contact Nina for further information)                    | <b>FREE</b>                          |
| <b>Driving Theory sessions</b><br>Help with theory and hazard perception                                         | 6 February 2018<br>4 weeks                                                       | Tuesdays<br>18.00 – 19.30            | Wick Library – ECCF                                                                                       | <b>FREE</b>                          |